

Men's Age Group Results R1

AGE-GROUP RESULTS FOR RACE  
 USA MASTERS 5KM  
 CROSS COUNTRY CHAMPIONSHIPS  
 Mission Bay, San Diego, CA  
 Saturday, October 12, 2019  
 Registration & Results by the San Diego Track Club

MALE AGE GROUP: 40 - 44

1	2	ROOSEVELT COOK	40 Cal Coast Track Club	16:05	5:11
2	3	NEVILLE DAVEY	44 West Valley Track Club	16:06	5:11
3	4	ADAM DAILEY	43 boom RUNNING	16:08	5:12
4	5	JASON BATTERSON	43 Prado Racing Team	16:46	5:24
5	8	DAN LESSER	43 boom RUNNING	16:56	5:28
6	10	OKWARO RAURA	44 boom RUNNING	17:07	5:31
7	11	JOHN MONTGOMERY	44 West Valley Track Club	17:22	5:36
8	13	JAMAAL RYAN	42 Prado Racing Team	17:35	5:40
9	15	CLINTON BELL	40	17:42	5:42
10	16	JUSTIN TURNER	40 Prado Racing Team	17:49	5:45
11	18	THOMAS KNOWLES	43 Garden State Track Club N	17:55	5:46
12	22	JACOB FORD	41 Garden State Track Club N	18:13	5:52
13	24	SAULO RIVERA	42 Perros Bravos	18:14	5:53
14	25	SHAWN WILLIAMS	42 Garden State Track Club N	18:15	5:53
15	27	CHUCK SCHNEEKLOTH	42 Garden State Track Club N	18:19	5:54
16	28	DAVID LIPKE	41 boom RUNNING	18:22	5:55
17	30	LARS SCHMITZ (NC)	41 West Valley Track Club	18:29	5:57
18	34	KURT WHITTINGTON	41 Cal Coast Track Club	18:40	6:01
19	39	LINDSAY HAMOUDI (NC)	40 boom RUNNING	18:52	6:05
20	41	TREVOR COX	40 Cal Coast Track Club	18:57	6:06
21	68	RANDY RAY	43 Prado Racing Team	20:08	6:29
22	79	ISAAC MEDRANO	40 Wolfpack Running Club	20:31	6:37
23	111	MARK ALFARO	40	21:56	7:04

MALE AGE GROUP: 45 - 49

1	1	JACQUES SALLBERG	45 Cal Coast Track Club	15:54	5:07
2	6	MARK YUEN	48 West Valley Track Club	16:47	5:25
3	7	JOHN GARDINER	47 Cal Coast Track Club	16:54	5:27
4	47	OSCAR LEMUS	47 Cal Coast Track Club	19:21	6:14
5	54	MICHAEL STANGE	49 Prado Racing Team	19:36	6:19
6	64	EFREN LIMBAG	47	20:04	6:28
7	69	WILLIAM RICE	45 Wolfpack Running Club	20:10	6:30
8	75	DAMIAN COYLE	45	20:23	6:34
9	76	JOSE RIVERA (NC)	47 Perros Bravos	20:25	6:35
10	78	JAYSON FULTZ	47 Jamul Toads	20:28	6:36
11	81	PATRICK MCBRIDE	46 San Diego Track Club	20:32	6:37
12	99	EVODIO NERI	48 Cal Coast Track Club	21:25	6:54
13	122	ANDRE BASLER	45 Raptors	22:35	7:16
14	127	AARON LEE	45 West Valley Joggers & Str	22:54	7:23

MALE AGE GROUP: 50 - 54

1	9	IVAN LIEBEN	50 West Valley Track Club	16:58	5:28
2	12	MATTHEW FARLEY	51 Bowerman Track Club	17:25	5:37
3	14	CHARLES MULLANE	50 West Valley Track Club	17:37	5:40
4	17	ROBERT VERHEES	53 boom RUNNING	17:54	5:46
5	20	MIKE NIER	54 Genesee Valley Harriers	18:06	5:50
6	21	CHRISTIAN CUSHING-M	51 Cal Coast Track Club	18:09	5:51
7	32	SCOTT SIRIANO	53 Eastern Buckeye Track Clu	18:40	6:01
8	33	MICHAEL CONNORS	52 Cal Coast Track Club	18:40	6:01
9	36	MARC SOSNOWSKI	52 Prado Racing Team	18:46	6:03

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10	38	MICHAEL STRICKLAND	53 Atlanta Track Club	18:51	6:04
11	40	DALE FLANDERS	54 Genesee Valley Harriers	18:53	6:05
12	45	MICHAEL SLINSKEY	50	19:12	6:11
13	48	DAVID REES	52 Bowerman Track Club	19:22	6:14
14	52	BRIAN SKILES	50 boom RUNNING	19:26	6:16
15	53	BRAD SLAVENS	50 Atlanta Track Club	19:33	6:18
16	55	KEVIN CARR	53 Cal Coast Track Club	19:38	6:19
17	63	MIMO PARKINS	54 Perros Bravos	20:01	6:27
18	65	MARIO BALCOM	54 Jamul Toads	20:04	6:28
19	74	TIMOTHY STAFFORD	54 Milestone Running Crew	20:23	6:34
20	82	JORGE CASTRO	51 Jamul Toads	20:34	6:37
21	83	VENELIN TCHAMOV	53 Genesee Valley Harriers	20:34	6:38
22	88	JEFFREY BRODINE	54	20:56	6:45
23	90	SEAN STEVENSON	54 Jamul Toads	21:02	6:46
24	92	BRIAN BIGONI	52	21:12	6:50
25	94	BEN BAILEY	54 Atlanta Track Club	21:16	6:51
26	98	BRYAN WALLBANK	51 Jamul Toads	21:23	6:53
27	113	MARK PLUNGY	51	22:02	7:06
28	119	JOSE OLIVAS	52	22:34	7:16
29	169	FRANCIS BURDETT	54 Greater Springfield Harri	28:58	9:20
MALE AGE GROUP: 55 - 59					
1	19	KEVIN ZIMMER	56 Prado Racing Team	17:59	5:47
2	23	BRADLEY PETERSON	56 Cal Coast Track Club	18:14	5:52
3	31	JEFF CREIGHTON	56 Prado Racing Team	18:35	5:59
4	35	MARK ZAMEK	56 Garden State Track Club N	18:45	6:02
5	37	JIM WALSH	58 Jamul Toads	18:47	6:03
6	42	DAVID BISCHOFF	57 Genesee Valley Harriers	19:04	6:08
7	44	GARY DROZE	58 Atlanta Track Club	19:06	6:09
8	46	BIN LIU	56	19:18	6:13
9	49	PATRICK LANOISELEE	56 Prado Racing Team	19:23	6:15
10	57	ERIK VAN DER BURG	55	19:45	6:22
11	58	MICHAEL GORRIARAN	59 Bowerman Track Club	19:50	6:23
12	66	MICHAEL NORCIA	55	20:05	6:28
13	71	LESTER DRAGSTEDT	57 Atlanta Track Club	20:14	6:31
14	72	LUIS MORALES	58 Cal Coast Track Club	20:15	6:31
15	80	RICHARD MAYNE	55 Trojan Masters T.C.	20:32	6:37
16	87	KEVIN PAULK	59 Bowerman Track Club	20:53	6:44
17	91	JOHN VAN KERKHOVE	57 Genesee Valley Harriers	21:08	6:48
18	96	MATTHEW SIMPSON	58 Cal Coast Track Club	21:21	6:53
19	97	TERENCE MCLAUGHLIN	59 Potomac Valley Track Club	21:21	6:53
20	100	RICK SIEBERN	59 Jamul Toads	21:28	6:55
21	124	ARNOLD DE LEON	56 So Cal Track Club	22:48	7:21
22	131	NATHAN KICKLIGHTER	59	23:29	7:34
23	138	AMALIO TELENTI (NC)	59	24:02	7:44
24	147	DANIEL TRONE	59 San Diego Track Club	24:47	7:59
25	157	ARTURO NOGUERON	59	26:39	8:35

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MALE AGE GROUP: 60 - 64

1	26	JOE SHEERAN	61 Club Northwest	18:18	5:54
2	29	DANIEL KING	60 Athletics Boulder	18:29	5:57
3	43	MICHAEL LEBOLD	62 Jamul Toads	19:05	6:09
4	50	WILLIAM ENICKS	60 So Cal Track Club	19:24	6:15
5	51	ANTHONY UZWIAK	60 Kansas City Smoke	19:25	6:15
6	56	THOM HUNT	61 Prado Racing Team	19:40	6:20
7	60	ARNO SIST	60 Jamul Toads	19:55	6:25
8	61	RICK BRUESS	60 Athletics Boulder	19:55	6:25
9	62	JEFF RULAND	60 Jamul Toads	19:57	6:26
10	67	BRIAN NELSON	62 Cal Coast Track Club	20:07	6:29
11	70	SCOTT MCENTEE	62 Prado Racing Team	20:14	6:31

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12	73	GREGORY CAULLER	60	Pike Creek Valley Running	20:18	6:32
13	77	STAN MCCORMACK	62	Kansas City Smoke	20:27	6:35
14	85	JOHN ARAUJO	61		20:46	6:42
15	89	SHELDON SUBITH	64	Cal Coast Track Club	20:59	6:46
16	93	JOHN GRIEGO	61	Cal Coast Track Club	21:16	6:51
17	102	STEVEN FRAYNE	60	Cal Coast Track Club	21:31	6:56
18	105	GREG WAGNER	64	Prado Racing Team	21:41	6:59
19	106	BILL BEYERBACH	64	Genesee Valley Harriers	21:48	7:01
20	108	LES SHIBATA	64	San Diego Track Club	21:51	7:02
21	112	PETER GERSTOFT	61	San Diego Track Club	22:00	7:05
22	116	RANDY MCDERMOTT	61	Kansas City Smoke	22:26	7:14
23	120	KEVIN MILLER	63	Jamul Toads	22:34	7:16
24	125	STEVE ROBINSON	64	San Diego Track Club	22:49	7:21
25	126	KEITH WITTHAUER	63	Cal Coast Track Club	22:53	7:22
26	134	WILLIAM AMOR	60	Cal Coast Track Club	23:44	7:39
27	136	MARK CLEARY	61	So Cal Track Club	23:50	7:41
28	144	THOMAS ALBRIGHT	63	Cal Coast Track Club	24:35	7:55
29	146	BRIAN CONROY	63		24:41	7:57
30	155	RICARDO TRONCOSO	60		26:29	8:32
31	160	GLENN ROGET	62	San Diego Track Club	27:02	8:42
32	162	FRANK WHITTEMORE	64	Jamul Toads	27:12	8:46
33	165	CHARLES TUCKER BRUG	64	So Cal Track Club	27:51	8:58
34	173	JAMES SUMMERS	60	San Diego Track Club	30:26	9:48
35	180	BENJAMIN SPOWART	64	San Diego Track Club	33:36	10:49

MALE AGE GROUP: 65 - 69

1	59	JOSEPH REDA	65		19:50	6:23
2	84	CHUCK SMEAD	68	Boulder Road Runners	20:37	6:38
3	86	ROBERT QUALLS	67	River City Rebels	20:47	6:42
4	95	RICK PFEIFFER	68	San Diego Track Club	21:20	6:52
5	101	KIRK LARSON	68	Atlanta Track Club	21:31	6:56
6	103	PAUL COOK	67	Cal Coast Track Club	21:32	6:56
7	107	DAVID DUNBAR	69	San Diego Striders	21:48	7:01
8	123	BOB MORRIS	67	A Snail's Pace Running Cl	22:44	7:19
9	149	ROBB LATIMER	67	San Diego Track Club	25:05	8:05
10	163	WILLIAM MOLESWORTH	66	San Diego Track Club	27:19	8:48
11	174	JOSEPH SCHERGER	69		30:33	9:50

MALE AGE GROUP: 70 - 74

1	109	RICHARD KATZ	71	Boulder Road Runners	21:53	7:03
2	110	TERRY MCCLUSKEY	71	Ann Arbor Track Club	21:54	7:03
3	115	RONALD WELLS	73	San Diego Striders	22:09	7:08
4	117	DONALD PORTEOUS	73	Tamalpa Runners, Inc.	22:31	7:15
5	118	DOC RAPPOLE	70	Genesee Valley Harriers	22:31	7:15
6	128	JAMES REYNOLDS	70	Boulder Road Runners	22:57	7:24
7	129	JIM MAY	73	Genesee Valley Harriers	23:19	7:31
8	130	JERRY LEARNED	71	Atlanta Track Club	23:20	7:31
9	133	GORDON LUTES	74	San Diego Striders	23:37	7:37
10	135	CRAIG ANDERSEN	71	Eastside Runners	23:46	7:39
11	137	WILLIAM SUMNER	71	Cal Coast Track Club	24:02	7:44
12	139	KEITH YEATES	72	Genesee Valley Harriers	24:18	7:50
13	140	GEORGE GRECO	71	Florida Track Club/West	24:23	7:51
14	141	PAUL CARLIN	73	Ann Arbor Track Club	24:25	7:52
15	142	DANIEL DIEHR	70	San Diego Striders	24:30	7:53
16	143	DAVID LONGMUIR	72	Eastside Runners	24:32	7:54
17	145	RICK ALLAN	71		24:39	7:57
18	148	LIAM FINNIGAN	73	Genesee Valley Harriers	24:51	8:00
19	150	JAMES MORRIS	70	Tamalpa Runners, Inc.	25:09	8:06
20	151	GENE FRENCH	73	Tamalpa Runners, Inc.	25:27	8:12
21	152	DAVID PETERSON	71	Atlanta Track Club	25:35	8:15

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22	153	STEVE DOYLE	71	San Diego Striders	25:54	8:21
23	154	JAMES MCGILL	70	Eastside Runners	26:21	8:29
24	156	DANIEL LINEHAN	70		26:35	8:34
25	158	JOHN BUCKLEY	70	San Diego Track Club	26:49	8:38
26	159	JAMES FLANIGAN	70	Tamalpa Runners, Inc.	26:52	8:39
27	161	MORRIS WILLIAMS	74	Atlanta Track Club	27:02	8:42
28	164	SAM BENEDICT	72	Atlanta Track Club	27:24	8:50
29	167	DENNIS KASISCHKE	73	San Diego Track Club	28:37	9:13
30	168	PETER STERN	74	San Diego Track Club	28:41	9:14
31	170	RON ENOS	74	Florida Track Club/West	29:22	9:27
32	178	PATRICK DWYER	73	Genesee Valley Harriers	32:59	10:37
MALE AGE GROUP: 75 - 79						
1	104	TONY MARSHALL	75	San Diego Striders	21:37	6:58
2	114	DOUG GOODHUE	77	Ann Arbor Track Club	22:06	7:07
3	121	LEN GOLDMAN	75	Tamalpa Runners, Inc.	22:35	7:16
4	132	JAN FRISBY	75	Boulder Road Runners	23:33	7:35
5	166	CHARLIE PATTERSON	77	Atlanta Track Club	27:58	9:00
6	175	JEFFERY JACOBS	76		30:48	9:55
7	176	ANDREW SHERWOOD	79	Atlanta Track Club	31:17	10:05
MALE AGE GROUP: 80 - 84						
1	171	ELMO SHROPSHIRE	82		29:44	9:35
2	172	JOHN ELLIOTT	81	Potomac Valley Track Club	29:55	9:38
3	177	RICHARD WILLIAMS	83	San Diego Striders	32:42	10:32
4	181	JAMES KURTZ	81	San Diego Striders	36:53	11:53
5	182	STEVEN FUCHS	82	Long Island Road Runners	42:40	13:44
6	183	JIM TEMPLES	81	San Diego Track Club	46:03	14:49
7	185	STEPHEN FRANKUM	80	San Diego Track Club	46:37	15:01
MALE AGE GROUP: 85 - 89						
1	179	WARREN OSBORN	85	San Diego Striders	33:24	10:45
2	184	EDWIN GOOKIN	85	San Diego Track Club	46:25	14:57
3	186	AL RAY	86	Atlanta Track Club	53:10	17:07
MALE AGE GROUP: 90 - 94						
MALE AGE GROUP: 95 - 99						