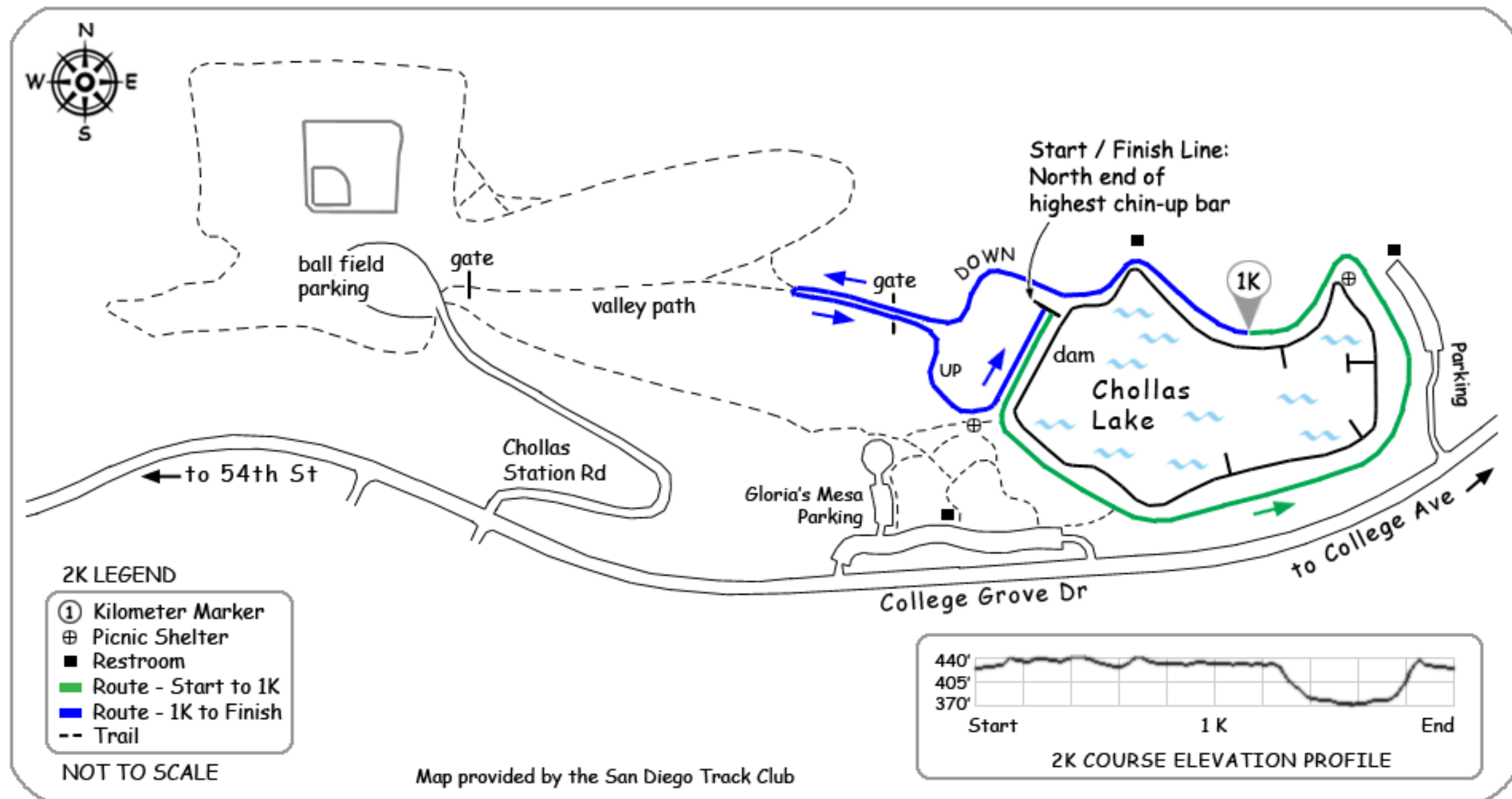




USATF San Diego-Imperial Association
YOUTH CROSS COUNTRY MEET
Florence Griffith Joyner Youth Foundation
Flo-Jo International Run - 2K Race
Chollas Lake, Lemon Grove



2K route description: From the starting line near the north end of the dam, run south on the dam and follow the lake path left all the way around the lake. After passing the start/finish area, continue west and run the steep downhill, go through the gate and follow the valley path to the turnaround 120 yards west of the gate. After turning back, run east through the same gate, turn right and follow the steep uphill path to the top of the dam. Turn left and run back on the dam to the start/finish line.