



## Saturday, February 8, 2020 Patrick Henry High School

6702 Wandermere Drive, San Diego, CA 92120

*All ages and abilities are welcome.*

*Pre-Registration by on [www.Athletic.Net](http://www.Athletic.Net) \$8.00 per event*

*Day of Event Registration \$10 per event & begins at 11:00am*

**Contact:** Andrew Myette at  
amyette@sandi.net

### Event Schedule

#### Running Events

12:00pm	Thom Hunt 1 Mile Run
12:30pm	W-100 Hurdles (33") M- 110 Hurdles (42")
1:00pm	M/W 400m
1:20pm	W 100M
1:35pm	M 100M
1:50pm	M/W 800M
2:15pm	M/W 1000 – 1 Heat
12:20pm	Kids 50 Meters
2:45pm	M/W 5000M
3:15pm	M/W 4 x 400M Relay

#### Field Events – Begin at 12:00pm

12:00pm	Pole Vault – Registration 7:30am
12:30pm	Discus
1:30pm	Shot Put
2:00pm	High Jump

**\* 3/16 pyramid spikes are the only spikes worn on Patrick Henry's track & field  
Automatic timing will be provided.**

**\* Field Events - *Begin at 12:00pm***