

3rd Annual NCRR
WILD DUCK 5K XC RACE
Men's Results
Saturday, August 22, 2009
Registration & Results by the San Diego Track Club

| Place | Name | No. | Age | Div/Tot | S | City | Timed | Pace |
|-------|--------------------|-------|-------|---------|---|-----------|-------|-------|
| ===== | ===== | ===== | ===== | ===== | = | ===== | ===== | ===== |
| 1 | AJ Acosta | 221 | 21 | 1/6 | M | SAN DIEGO | 15:48 | 5:06 |
| 2 | OKWARO RAURAO | 140 | 34 | 1/13 | M | SAN DIEGO | 15:50 | 5:06 |
| 3 | FERNANDO BLANCO | 196 | 30 | 2/13 | M | SAN DIEGO | 15:51 | 5:06 |
| 4 | DAVID DOMINGUEZ | 202 | 34 | 3/13 | M | SAN DIEGO | 16:00 | 5:09 |
| 5 | MATT STAHL | 252 | 33 | 4/13 | M | SAN DIEGO | 16:05 | 5:11 |
| 6 | SEAN MCKEON | 76 | 25 | | M | | 16:16 | 5:15 |
| 7 | GLENN RACZ | 120 | 29 | 1/13 | M | SAN DIEGO | 16:27 | 5:18 |
| 8 | JAMES FIEBERG | 186 | 33 | 5/13 | M | SAN DIEGO | 16:30 | 5:19 |
| 9 | ROSS DAMMONN | 145 | 32 | 6/13 | M | SAN DIEGO | 16:37 | 5:21 |
| 10 | NEAL HARDER | 193 | 32 | 7/13 | M | SAN DIEGO | 16:39 | 5:22 |
| 11 | MICHAEL HANSEN | 118 | 42 | 1/10 | M | SAN DIEGO | 16:45 | 5:24 |
| 12 | LUIS DE LA VEGA | 218 | 24 | 2/6 | M | SAN DIEGO | 16:46 | 5:24 |
| 13 | STEVEN ALBANESE | 144 | 24 | 3/6 | M | SAN DIEGO | 16:47 | 5:24 |
| 14 | DAVID SANCHEZ | 143 | 25 | 2/13 | M | SAN DIEGO | 16:51 | 5:26 |
| 15 | JUAN NARANJO | 206 | 43 | 2/10 | M | SAN DIEGO | 16:53 | 5:27 |
| 16 | RICH BROWNSBERGER | 192 | 46 | 1/12 | M | SAN DIEGO | 16:56 | 5:27 |
| 17 | KEVIN BOWES | 198 | 32 | 8/13 | M | SAN DIEGO | 16:58 | 5:28 |
| 18 | JAMES WALSH | 125 | 31 | 9/13 | M | SAN DIEGO | 17:00 | 5:29 |
| 19 | DARIUS BASTANI | 248 | 27 | 3/13 | M | SAN DIEGO | 17:01 | 5:29 |
| 20 | DAVE ESSA | 141 | 34 | 10/13 | M | SAN DIEGO | 17:02 | 5:29 |
| 21 | KEN VELASQUEZ | 207 | 46 | 2/12 | M | SAN DIEGO | 17:03 | 5:30 |
| 22 | JOHN ARMOUR | 153 | 33 | 11/13 | M | SAN DIEGO | 17:04 | 5:30 |
| 23 | DAN MANSFIELD | 85 | 37 | 1/12 | M | | 17:05 | 5:30 |
| 24 | ADAM WEINER | 103 | 49 | 3/12 | M | | 17:07 | 5:31 |
| 25 | JAMES TOWLE | 134 | 41 | 3/10 | M | SAN DIEGO | 17:10 | 5:32 |
| 26 | VICTOR BEDA | 243 | 24 | 4/6 | M | SAN DIEGO | 17:11 | 5:32 |
| 27 | TOM BACHE | 159 | 37 | 2/12 | M | SAN DIEGO | 17:13 | 5:33 |
| 28 | JESSE HAYNES | 285 | 36 | 3/12 | M | SAN DIEGO | 17:17 | 5:34 |
| 29 | VINNIE DE ROCCO | 264 | 30 | 12/13 | M | SAN DIEGO | 17:25 | 5:37 |
| 30 | SAM WALLING | 197 | 48 | 4/12 | M | SAN DIEGO | 17:25 | 5:37 |
| 31 | JEFFREY RANGAN | 265 | 29 | 4/13 | M | SAN DIEGO | 17:28 | 5:38 |
| 32 | JARED FORTE | 67 | 16 | | M | | 17:30 | 5:38 |
| 33 | BRYAN WALLBANK | 237 | 41 | 4/10 | M | SAN DIEGO | 17:31 | 5:39 |
| 34 | WILL BOTTA | 238 | 15 | 1/3 | M | SAN DIEGO | 17:37 | 5:41 |
| 35 | WILLIAM GRAHAM | 253 | 19 | 5/6 | M | SAN DIEGO | 17:37 | 5:41 |
| 36 | ERIC MARENBURG | 234 | 26 | 5/13 | M | SAN DIEGO | 17:42 | 5:42 |
| 37 | GERARD RESKI | 133 | 44 | 5/10 | M | SAN DIEGO | 17:50 | 5:45 |
| 38 | MATT SHERAMETA | 70 | 41 | | M | | 17:50 | 5:45 |
| 39 | RAYMOND MCKENDRY | 51 | 16 | | M | | 17:52 | 5:45 |
| 40 | PATRICK LANDISELEE | 4 | 45 | | M | | 17:53 | 5:46 |
| 41 | PATRICK HOAGLAND | 246 | 15 | 2/3 | M | SAN DIEGO | 17:53 | 5:46 |
| 42 | ISMAEL RODRIGUEZ | 157 | 17 | 1/20 | M | SAN DIEGO | 18:00 | 5:48 |
| 43 | PHILLIP DAMPIER | 41 | 36 | | M | | 18:00 | 5:48 |
| 44 | SAULO RIVERA | 23 | 31 | | M | | 18:01 | 5:48 |
| 45 | MARK SARNO | 119 | 47 | 5/12 | M | SAN DIEGO | 18:02 | 5:49 |
| 46 | MARSHAL VARANO | 69 | 47 | | M | | 18:04 | 5:49 |
| 47 | MARTIN ELLISON | 130 | 54 | 1/13 | M | SAN DIEGO | 18:09 | 5:51 |
| 48 | DAN DAFT | 114 | 39 | 4/12 | M | SAN DIEGO | 18:10 | 5:51 |
| 49 | RYAN MCKENDRY | 45 | 16 | | M | | 18:12 | 5:52 |
| 50 | KYLE VEXLER | 187 | 16 | 2/20 | M | SAN DIEGO | 18:15 | 5:53 |
| 51 | DAVE SPINLER | 160 | 50 | 2/13 | M | SAN DIEGO | 18:18 | 5:54 |
| 52 | JOSE RIVERA | 271 | 37 | 5/12 | M | SAN DIEGO | 18:25 | 5:56 |
| 53 | JOEL BENARD | 181 | 36 | 6/12 | M | SAN DIEGO | 18:28 | 5:57 |
| 54 | ROBERTO SUAREZ | 235 | 16 | 3/20 | M | SAN DIEGO | 18:31 | 5:58 |
| 55 | JOHN DESROSIERS | 180 | 26 | 6/13 | M | SAN DIEGO | 18:34 | 5:59 |

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| 56 | SERGIO MAGANA | 242 | 41 | 6/10 | M SAN DIEGO | 18:37 | 6:00 |
| 57 | CHARLIE PROKOP | 104 | 52 | 3/13 | M | 18:45 | 6:02 |
| 58 | CHRIS O'NEAL | 219 | 26 | 7/13 | M SAN DIEGO | 18:47 | 6:03 |
| 59 | ANDY MORGOSH | 223 | 18 | 4/20 | M SAN DIEGO | 18:50 | 6:04 |
| 60 | BARRY HEPPELL | 191 | 44 | 7/10 | M SAN DIEGO | 18:52 | 6:05 |
| 61 | LUC TEYTON | 131 | 52 | 4/13 | M SAN DIEGO | 19:10 | 6:11 |
| 62 | CHRIS BASKERVILLE | 116 | 43 | 8/10 | M SAN DIEGO | 19:14 | 6:12 |
| 63 | DAVE SANFORD | 82 | 46 | 6/12 | M | 19:15 | 6:12 |
| 64 | STEPHEN BURCH | 2 | 51 | | M | 19:17 | 6:13 |
| 65 | JIM MCNEVIN | 129 | 52 | 5/13 | M SAN DIEGO | 19:26 | 6:16 |
| 66 | STEVE LORD | 105 | 50 | 6/13 | M | 19:31 | 6:17 |
| 67 | CARROLL POPE | 132 | 54 | 7/13 | M SAN DIEGO | 19:48 | 6:23 |
| 68 | PHIL CAMP | 251 | 62 | 1/7 | M SAN DIEGO | 20:00 | 6:27 |
| 69 | ANDY THACHER | 30 | 46 | | M | 20:14 | 6:31 |
| 70 | LARRY ROBERTS | 272 | 48 | 7/12 | M SAN DIEGO | 20:16 | 6:32 |
| 71 | MICHAEL ANDERSON | 182 | 51 | 8/13 | M SAN DIEGO | 20:19 | 6:33 |
| 72 | KURT HALLOCK | 94 | 53 | | M | 20:27 | 6:35 |
| 73 | KEVIN MONAHAN | 267 | 39 | 7/12 | M SAN DIEGO | 20:37 | 6:39 |
| 74 | ERIC DRUMMOND | 136 | 51 | 9/13 | M SAN DIEGO | 20:46 | 6:41 |
| 75 | TYLER KRUMWEIDE | 56 | 15 | | M | 20:53 | 6:44 |
| 76 | EDUARDO DEL CARMEN | 49 | 17 | | M | 20:55 | 6:44 |
| 77 | IVAN AQUIAHUATL | 232 | 17 | 5/20 | M SAN DIEGO | 20:56 | 6:45 |
| 78 | JAN KAFKA | 162 | 61 | 2/7 | M SAN DIEGO | 20:59 | 6:46 |
| 79 | JONATHON OCHOA | 199 | 26 | 8/13 | M SAN DIEGO | 21:01 | 6:46 |
| 80 | BRIAN WILLIAMS | 106 | 53 | 10/13 | M | 21:13 | 6:50 |
| 81 | DAMON BROADBENT | 37 | 34 | | M | 21:14 | 6:50 |
| 82 | MATT JONES | 16 | 50 | | M | 21:22 | 6:53 |
| 83 | CHRISTOPHER FARISS | 229 | 27 | 9/13 | M SAN DIEGO | 21:31 | 6:56 |
| 84 | ALEXIO BARBARA | 174 | 16 | 6/20 | M SAN DIEGO | 21:35 | 6:57 |
| 85 | AUSTIN HAYNES | 259 | 27 | 10/13 | M SAN DIEGO | 21:39 | 6:58 |
| 86 | NEIL SYBERT | 240 | 59 | 1/4 | M SAN DIEGO | 21:41 | 6:59 |
| 87 | ANDY VANO | 184 | 57 | 2/4 | M SAN DIEGO | 21:42 | 6:59 |
| 88 | ROBB LATIMER | 262 | 56 | 3/4 | M SAN DIEGO | 21:42 | 7:00 |
| 89 | JORDAN EKEROTH | 107 | 18 | 7/20 | M | 21:43 | 7:00 |
| 90 | PAT EMAUS | 176 | 25 | 11/13 | M SAN DIEGO | 21:48 | 7:01 |
| 91 | RYAN TAYLOR | 15 | 33 | | M | 21:48 | 7:02 |
| 92 | MARTIN CRUZ | 156 | 17 | 8/20 | M SAN DIEGO | 21:50 | 7:02 |
| 93 | STEVE DYER | 88 | 55 | | M | 21:52 | 7:03 |
| 94 | WALT BAXTER | 215 | 38 | 8/12 | M SAN DIEGO | 21:54 | 7:04 |
| 95 | COLIN JENSEN | 110 | 11 | 1/2 | M | 21:57 | 7:04 |
| 96 | PATRICK SCAHILL | 175 | 17 | 9/20 | M SAN DIEGO | 21:57 | 7:05 |
| 97 | MARK STAPLETON | 80 | 43 | | M | 22:06 | 7:07 |
| 98 | SUKRU GILMAN | 44 | 14 | | M | 22:07 | 7:08 |
| 99 | MICHAEL ROUSE | 188 | 35 | 9/12 | M SAN DIEGO | 22:08 | 7:08 |
| 100 | TOM SHULL | 247 | 53 | 11/13 | M SAN DIEGO | 22:09 | 7:08 |
| 101 | RON ENOS | 161 | 64 | 3/7 | M SAN DIEGO | 22:15 | 7:10 |
| 102 | KENT RICHARDSON | 256 | 54 | 12/13 | M SAN DIEGO | 22:17 | 7:11 |
| 103 | AARON MCMASTER | 55 | 15 | | M | 22:20 | 7:12 |
| 104 | RUBEN RAMIREZ | 282 | 16 | 10/20 | M SAN DIEGO | 22:21 | 7:12 |
| 105 | GOODWIN POMPA | 167 | 17 | 11/20 | M SAN DIEGO | 22:33 | 7:16 |
| 106 | NATE ROHNER | 172 | 17 | 12/20 | M SAN DIEGO | 22:33 | 7:16 |
| 107 | BRIAN PENNEY | 170 | 17 | 13/20 | M SAN DIEGO | 22:34 | 7:16 |
| 108 | ERNIE MENDEZ | 32 | 51 | | M | 22:41 | 7:18 |
| 109 | MAURICE BEIDLER | 190 | 62 | 4/7 | M SAN DIEGO | 22:47 | 7:21 |
| 110 | COLBY CORDORA | 59 | 15 | | M | 22:50 | 7:21 |
| 111 | ALI FRANCO | 241 | 24 | 6/6 | M SAN DIEGO | 23:01 | 7:25 |
| 112 | STEVEN LOPEZ | 213 | 46 | 8/12 | M SAN DIEGO | 23:10 | 7:28 |
| 113 | JOAQUIN GAMBOA | 276 | 35 | 10/12 | M SAN DIEGO | 23:21 | 7:31 |
| 114 | DARRYL SMITH | 255 | 48 | 9/12 | M SAN DIEGO | 23:23 | 7:32 |
| 115 | STEVE CONNOR | 268 | 59 | 4/4 | M SAN DIEGO | 23:25 | 7:33 |
| 116 | ALEJANDRO MEJIA | 214 | 38 | 11/12 | M SAN DIEGO | 23:26 | 7:33 |
| 117 | BRYAN BOYD | 152 | 28 | 12/13 | M SAN DIEGO | 23:41 | 7:38 |
| 118 | BRYCE HALL | 212 | 47 | 10/12 | M SAN DIEGO | 23:54 | 7:42 |
| 119 | BILL BISHOP | 24 | 66 | | M | 23:58 | 7:43 |

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| 120 | KEVIN BRICKLY | 254 | 48 | 11/12 | M SAN DIEGO | 24:05 | 7:45 |
| 121 | JOSHUA ESKELSON | 286 | 17 | 14/20 | M SAN DIEGO | 24:07 | 7:46 |
| 122 | PETER STERN | 163 | 64 | 5/7 | M SAN DIEGO | 24:16 | 7:49 |
| 123 | JUAN JUAREZ | 280 | 27 | 13/13 | M SAN DIEGO | 24:20 | 7:50 |
| 124 | STEVEN ABRAHAMSON | 13 | 9 | | M | 24:24 | 7:52 |
| 125 | PHILLIP MENDOZA | 50 | 16 | | M | 24:35 | 7:55 |
| 126 | GRAEME SHIRLEY | 200 | 63 | 6/7 | M SAN DIEGO | 24:38 | 7:56 |
| 127 | STEVEN BRENNECK | 139 | 68 | 1/2 | M SAN DIEGO | 25:09 | 8:06 |
| 128 | JACK WILSON | 84 | 72 | | M | 25:22 | 8:10 |
| 129 | GREG HENK | 26 | 63 | 7/7 | M | 25:25 | 8:11 |
| 130 | CONNOR BUCKENDAHL | 165 | 17 | 15/20 | M SAN DIEGO | 25:28 | 8:12 |
| 131 | AUSTIN GIZZON | 195 | 16 | 16/20 | M SAN DIEGO | 25:33 | 8:14 |
| 132 | BRIAN KRUMWEIDE | 57 | 38 | | M | 27:06 | 8:44 |
| 133 | DALE BEATTY | 74 | 40 | | M | 27:06 | 8:44 |
| 134 | STEVEN THORNBURY | 169 | 14 | 3/3 | M SAN DIEGO | 27:20 | 8:48 |
| 135 | ANDREW ROSENKRANZ | 168 | 16 | 17/20 | M SAN DIEGO | 28:21 | 9:08 |
| 136 | TAYLOR JONES | 173 | 17 | 18/20 | M SAN DIEGO | 28:31 | 9:11 |
| 137 | ANTHONY GOMEZ | 86 | 71 | | M | 29:21 | 9:27 |
| 138 | JOHN RICHARDSON | 183 | 65 | 2/2 | M SAN DIEGO | 29:51 | 9:37 |
| 139 | JORDAN SPANDIKOW | 217 | 12 | 2/2 | M SAN DIEGO | 29:51 | 9:37 |
| 140 | MAX WILSON | 166 | 16 | 19/20 | M SAN DIEGO | 30:27 | 9:49 |
| 141 | CHRIS RODRIGUEZ | 171 | 16 | 20/20 | M SAN DIEGO | 30:27 | 9:49 |
| 142 | GLENN SHULTZ | 209 | 43 | 9/10 | M SAN DIEGO | 30:28 | 9:49 |
| 143 | GINA WILIMEK | 208 | 28 | 1/1 | F SAN DIEGO | 30:44 | 9:54 |
| 144 | CHRIS SLEEPER | 211 | 33 | 13/13 | M SAN DIEGO | 31:00 | 9:59 |
| 145 | AUSTIN WOODS | 78 | 11 | | M | 31:24 | 10:07 |
| 146 | MATT GRILLS | 269 | 38 | 12/12 | M SAN DIEGO | 32:59 | 10:37 |
| 147 | DON FOSKET | 179 | 73 | 1/1 | M SAN DIEGO | 33:35 | 10:49 |
| 148 | JAMES LILLEBRIDGE | 5 | 50 | | M | 33:35 | 10:49 |
| 149 | CATHY SPEARNAK | 71 | 51 | | F | 37:15 | 12:00 |
| 150 | ROBERT MOLINA | 148 | 50 | 13/13 | M SAN DIEGO | 37:16 | 12:00 |
| 151 | RICHARD HAMILTON | 8 | 69 | | M | 38:11 | 12:18 |
| 152 | GWYNNE HEISER | 7 | 39 | | F | 38:13 | 12:19 |
| 153 | FELIX BOGGAR | 6 | 36 | | M | 41:23 | 13:20 |
| 154 | BOB PARKINSON | 81 | 81 | | M | 41:23 | 13:20 |
| 155 | SCOTT RICHARDSON | 201 | 44 | 10/10 | M SAN DIEGO | 51:51 | 16:42 |
| 156 | DAVID LEVLA | 189 | 47 | 12/12 | M SAN DIEGO | no time recorded | |