



2016 USATF Region 15 Junior Olympic Track & Field Championships



Friday - Sunday, June 24-26, 2016
Cerritos College - Norwalk, California

AGE DIVISIONS & ELIGIBILITY REQUIREMENTS:

Age Divisions

8 & under (born 2008 +)
9 - 10 (born 2006-2007)
11 - 12 (born 2004-2005)
13 - 14 (born 2002-2003)
15 - 16 (born 2000-2001)
17 - 18 (born 1998-1999)
* athletes born in 1996 are also eligible if they do not turn 19 on or before 7/31/2016



Individuals: Only U.S. citizens, aliens living in the United States and foreign exchange students are eligible to compete in these Championships. See the USATF Rules for more information and exceptions. A competitor must compete in his/her age division only. There will be no "moving up" in any events, including relays. Competitors in the 8 & under, 9 - 10 and 11 - 12 age divisions may compete in a maximum of three (3) events, including relays. Competitors in the 13 - 14, 15 - 16 and 17 - 18 age divisions may compete in a maximum of four (4) events, including relays. Combined events are not included in the event count. All athletes must be 2016 members of USATF in good standing.

Relay Teams: Only registered 2016 USATF member clubs may enter a relay team(s). All athletes representing the club must be affiliated with and members of that club as part of their USATF membership. Visit www.usatf.org/membership.

ENTRY PROCESS:

The top 8 finishers in each event from the Association Championships are eligible to compete at these championships. After the conclusion of the Association Championship Meets in each association (Hawaii, Nevada, San Diego Imperial and Southern California), athletes/coaches must register for the Region 15 Junior Olympic Championships on line at <http://www.athletic.net/TrackAndField/MeetResults.aspx?Meet=272663#/29721>. Online registration opens 6/16/2016 and closes 06/20/2016 at 11:59p. A completed registration includes the payment of entry fees. If you miss the window to register then you have missed the opportunity to compete. The next athlete(s) listed on the results will have the opportunity to be moved and become eligible for participation at these championships.

Following the initial registration period, the online registration will re-open to allow athletes to move into an event where fewer than 8 finishers declared entry during the initial registration period (see above). **The "Move-Up" period will be open for 48 hours beginning at approximately 8:00 a.m. on June 21st and closing on June 23rd at 8:00 a.m. It is anticipated an email will be sent by the regional coordinator notifying teams and unattached athletes of the registration period.** However, teams and athletes should check www.athletic.net for the actual date and time.

Late entries will not be allowed. Online registration opens June 16, 2016. **Fees must be paid online using one of the listed payment methods.** Accuracy of data entered is the responsibility of each club and/or athlete. Please validate data within Athletic.net for accuracy prior to submitting entry. An instructional video on the online registration process may be accessed by visiting, <http://cs.athletic.net/blog/b/athletic/archive/2016/01/18/getting-started-athletic-net-tutorials.aspx>.

In addition to the above and in accordance with the 2016 Youth Guide, the Youth Chairs of each Association are required to forward via email a backup file of their complete results to the Regional Coordinator, track2471@yahoo.com, no later than 24 hours after the conclusion of the meet.

EVENT FEES:

Individual Entries: \$7.00 per event
Relay Entries: \$28.00 per relay team
Decathlon/Heptathlon: \$20.00 per event
Triathlon/Pentathlon: \$15.00 per event

Meet Director: Steve Todd

Phone: 562-618-0435

For questions, contact at: youth@southernca.usatf.org

REGION 15 COORDINATOR: Lance Miller

Phone: 702-561-7370

Email: track2471@yahoo.com

COACHES MEETING: A coaches meeting will be held on Saturday, June 25, 2016 at 7:45 AM.

QUALIFYING FOR FINALS: All prelim events will advance finishers to the finals using the following formula: 3 preliminary heats will advance Top 2 heat winners and next 3 fastest times; 2 preliminary heats will advance Top 3 heat winners and next 2 fastest times.

SANCTION: Southern California Association USATF. USATF rules will apply with special provisions for youth athletics.

WAIVER: All athletes who participate in the USATF Junior Olympic Program must complete the Junior Olympic Participant Waiver and Release form. This form is already integrated in the online entry system and can be completed electronically; it can also be obtained via your association. All forms must be submitted at the first round of the Junior Olympic series.

AWARDS: USATF Junior Olympic medals will be awarded to the top five (5) individuals and the top five (5) relay teams in each event of each age division.

SPIKES: 3/16" pyramid spikes are required. No other spikes will be allowed. Shoes will be checked before entry onto the field for both running and field events.

ADVANCEMENTS: The National Junior Olympic Championships will be held from Monday, July 25th to Sunday, July 31st at the California State University Sacramento, Sacramento, CA. The top 5 athletes at the Region 15 Championships will qualify for the National Championships, in combined events the top 2 athletes will qualify. Information is available at:

<http://www.usatf.org/Events---Calendar/2016/USATF-National-Junior-Olympic-Track---Field-C.aspx>

EVENT CHECK-IN: There will be separate check-in areas for Running and Field events. Athletes must check in at these designated areas 45 minutes prior to the event's scheduled starting time. All athletes will be required to remain in the designated warm-up areas after checking in.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers during competition and on the front on their jerseys only. If an athlete loses the bib number, a replacement can be purchased for a fee of \$5.00. Team packets will be available for pick-up at the registration table by 3:30p on Friday, June 24th and at 7:15a on Saturday and Sunday.

EVENT RESULTS: During competition, event results will be posted on the home side near the entrance gate. In addition, event results will be posted at www.scausatf.org/youth/results.

PROTESTS: There will be a **\$75.00 cash only** fee for all protests. Protests must be submitted to the Protest Referee at once and not later than 30 minutes after a result has been announced. The protest fee will be refunded if the protest is upheld. Only violations of the USATF Rules of Competition may be protested. Judgment calls made by meet officials cannot be protested except where allowed by rule. Each club is sent a rule book, I suggest you bring it with you to the meet. The protest fee will be refunded if the protest is upheld. There will be a protest clerk assigned to take care of any problems that arise during the competition. Do not go to the Timing tent for any reason. **Do not approach any official!** That is what the protest clerk is for. **If you ignore this request, there is a very high probability that you will be removed from the meet. Please read and relay this message to all of your coaches/parents and athletes.**

PARKING FEE: \$5.00 PER DAY

RV PARKING: Participants who wish to park RVs will need to contact the Cerritos College track coach, Christopher Richardson at crichardson@cerritos.edu.

EVENT MERCHANDISE: Commemorative clothing will be available for purchase.

VENDOR OPPORTUNITIES: All vendors must be approved by the Meet Director. Persons wishing to provide a service or good with or without a fee at this event must contact the meet director on or before June 22, 2016 at youth@southernca.usatf.org.

HOTEL INFORMATION: Hotels in the area are filling up fast due to another local event in the area. So please secure your rooms quickly.

Holiday Inn Buena Park

7000 Beach Boulevard
Buena park, CA 90620
(714) 690-4606

Courtyard Marriot Anaheim/Buena Park

7621 Beach Boulevard
Buena Park, CA 90620
(714) 670-6600

Hyatt House Cypress/Anaheim

5905 Corporate Ave
Cypress, CA 90630
(800) 466-2141



ORDER OF EVENTS



June 24th – Friday

RUNNING EVENTS Start Time: 5:00 PM PROMPTLY

1500m RW	Final	7-8, through 11-12
3000m RW	Final	13-14 through 17-18
3000M	Final	11-12 through 17-18
400m	Semi-Final	All Divisions

FIELD EVENTS Start Time: 5:00 PM PROMPTLY

Long Jump Pit 1	Final	7-8G, 17-18W, 15-16G
Long Jump Pit 2	Final	7-8B, 17-18M, 15-16B

June 25th –Saturday

RUNNING EVENTS Start Time 9:00AM PROMPTLY

1500m	Final	All Divisions
100m	Semi-Final	All Divisions
400m	Final	All Divisions
110m Hurd 39"	Final	17-18M, 15-16B
100m Hurd 33"	Final	17-18W, 15-16G, 13-14B, 13-14G
80M Hurd 30"	Final	11-12G, 11-12B
4x100m Relay	Semi-Final	All Divisions
4x800m Relay	Final	11-12 through 17-18
200m	Semi-Final	All Divisions

FIELD EVENTS Start Time 8:30AM PROMPTLY

Long Jump Pit 1	Final	11-12B, 9&10B-13&14B
Long Jump Pit 2	Final	13-14G -11-12G, 9&10G
High Jump	Final	11-12G, 13-14G- 13-14B, 11-12B
Mini –Javelin (Center of field)	Final	7-8G, 7-8B, 11-12G, 11-12B, 9-10G, 9-10B
Shot Put Pit 1 (NW Pit)	Final	11-12G, 9-10G, 7-8G
Shot Put Pit 2 (SE Pit)	Final	11-12B, 9-10B, 7-8B
Discus	Final	17-18W, 17-18M, 15-16G, 15-16B, 13-14G, 13-14B, 11-12G, 11-12B
Pole Vault	Final	13-14B, 15-16B, 17-18M

June 26th – Sunday

RUNNING EVENTS Start Time 9:00AM PROMPTLY

800m Run	Final	All Divisions
200m Dash	Final	All Divisions
400m Hurd 36"	Final	15-16B, 17-18M
400m Hurd 30"	Final	15-16G, 17-18W
200m Hurd 30"	Final	13-14G, 13-14B
4x100m Relay	Final	All Divisions
2000m Steeplechase 36"	Final	15-16B, 17-18M
2000m Steeplechase 30"	Final	15-16G, 17-18W
100m Dash	Final	All Divisions
4x400m Relay	Final	All Divisions

FIELD EVENTS Start Time 8:30 am PROMPTLY

High Jump	Final	9-10B, 9-10G, 15-16G, 17-18W, 15-16B, 17-18M
Triple Jump Pit 1	Final	17-18W, 13-14G - 15-16G
Triple Jump Pit 2	Final	17-18M, 13-14B, 15-16B
Shot Put Pit 1 NW	Final	13-14G, 15-16G, 17-18W
Shot Put Pit 2 SE	Final	13-14B, 15-16B, 17-18M
Pole Vault	Final	13-14G, 15-16G, 17-18W
Hammer Throw (South Cage)	Final	15-16G, 15-16B, 17-18W, 17-18M
*Javelin	Final	13-14G, 13-14B, 15-16G, 15-16B, 17-18W, 17-18M

**Javelin will immediately follow the completion of the Hammer Throw*

RULES – CONDUCT & FACILITY: Control your athletes. Meet with your athletes and parents and inform them about what is expected of them. Excuses will not be heard. The stadium rules are:

- Profane language, aggressive behavior or actions deemed not sportsmanlike or in keeping with a youth friendly environment is prohibited.
- Canopies must be secured and are limited to the top portion of the stadium. Large umbrellas may not be used in the mid and lower areas of the stadium as they impede spectator views.
- NO basketballs, footballs, soccer balls, boom boxes or skateboards allowed in the stadium, they will be confiscated.
- Absolutely no dogs or designer dogs will be allowed in the stadium. Please don't try to hide them in your purse or jacket. You and your dog will be asked to leave.
- The 90 day rule is in effect. There are no changes in affiliation or roster additions after the close of entries for the association meet.
- We know what's in those red plastic cups and those McDonald cups that you walk around with all day. If you won't respect your kids, then please respect the other athletes. Your behavior is a dead giveaway and we can smell it on your breath. You and your athlete will be asked to leave the facility.
- Coaches please inform your athletes that they can only take water onto the infield in their track bags. Absolutely no food, sunflower seeds, gum or Gatorade type drinks are allowed on the infield. Please explain that those types of items are damaging to the turf infield and will cause us to receive a negative report with the Athletics department that has been granting us usage of this nice facility. Athletes not complying with this will be disqualified from the meet.
- THE CAMPUS IS OFF LIMITS!!!!..... We will have more than enough restrooms and porta-potties. The campus police will be very strict about this rule and SCA Youth will not be there for your protection.
- Anyone wishing to park a Recreation Vehicle (RV) on campus must contact meet management to reserve a spot in the pre-designated area.