



INDIVIDUAL STANDINGS 2009 USATF/ASICS DIRT DOG XC SERIES



MEN OPEN				22-Aug	5-Sep	12-Sep	26-Sep	3-Oct	17-Oct	31-Oct	14-Nov	
Place	Name	Age	Team	Series Total	Wild Duck 5K	Balboa 4M	City College 10K	Bonita Stamp 8K	Balboa Boogie 5K	Cougar Chall 8K	Cuya- maca 6K	USATF Champ 4M
1	Nazario Romero	35	Adidas Movin Shoes	500		100	100		100	100		200
2	Sean Zanderson	30	Adidas Movin Shoes	450		90			90	90		180
3	Okwaro Raura	34	Running Center/BSK	422	100	81	90	100	66	66	90	132
4	Marco Venancio	24	Adidas Movin Shoes	393		66				81	100	146
5	Paul Wellman	31	Adidas Movin Shoes	361		59			81	59		162
6	Fernando Blanco	30	Adidas Movin Shoes	354	90	73			73	73		118
7	Hector Hernandez	37	Adidas Movin Shoes	330				90	43	53	81	106
8	Steven Albanese	24	Running Center/BSK	294	39		59	73	48		66	96
9	David Dominguez	34	San Diego Track Club	240	81	48			59			52
10	Dima Lehonkov	25	Running Center/BSK	237					53	39	59	86
11	Daniel Farmer	23	The Lost Boys	221					35	43	73	70
12	Neal Harder	33	San Diego Track Club	219	48		48	59		35		64
13	Adam Coleman	24	Running Center/BSK	214			66	81	39	26	29	28
14	Matthew Stohl	34	Adidas Movin Shoes	199	73	53	73					
15	Sean McKeon	26	The Lost Boys	195	66	43	81			48		
16	Glenn Racz	29	Running Center/BSK	190	59				32	13	53	46
17	Luis De La Vega	24	The Lost Boys	184	43	35		26		15	48	58
18	Brian Culley	38	The Lost Boys	164		39		48	29	29	43	34
19	James Fieberg	33	The Lost Boys	151	53	32		66		8	17	
20	Manny Nuno	23	Running Center/BSK	139			29			32		78
21	Jason Kayne	35	Running Center/BSK	137				39	21	17	35	42
22	David Kloz	34	Running Center/BSK	128		13	43	53		7	32	
23	Kevin Bowes	32	San Diego Track Club	115	35	23	39			5	13	18
24	Charles McKeown	27	The Lost Boys	114		26	35		23	14		30
25	John Armour	33	San Diego Track Club	108	26	15	23	35	14	10	19	24
26	Daniel Mansfield	37	The Lost Boys	94	23	10	17	32	12	12	15	22
26	Nick Bernal	26	San Diego Track Club	94		17	21	43	26	19	23	2
28	Garrett Ince	26	The Lost Boys	90		12	26		17		39	8
29	Kosuke Amano	25	San Diego Track Club	85						21	26	38
30	David Easa	35	Running Center/BSK	81	29	4	13	19				20
30	Victor Beda	24	The Lost Boys	81	21	21			19	23		16
32	David Igancio Sanchez	25	Running Center/BSK	76		29	32		15	9		
33	Brandon Mills	29	Running Center/BSK	72		19	15				12	26
34	Jeffrey Rangan	29	San Diego Track Club	65	17		19	15		2		14
35	Thomas Bache	37	San Diego Track Club	64	19	11	12	21	9	4	11	12
35	David Lipke	31	Running Center/BSK	64			14	29	13	6	21	
37	Ross Damman	32	Running Center/BSK	53			53					
38	Darius Bastani	27	The Lost Boys	51	32	14				1		4
39	Saulo Rivera	32	San Diego Track Club	48	14	7	11	23	8	3	10	
40	Noah Patterson	37	Unattached	37		8	10	17	10			
41	Daniel Daft	39	San Diego Track Club	36	13	6	7	14	4	0	9	0
42	Jayson Fultz	37	Adidas Movin Shoes	30					6		14	10
43	Jose Rivera	37	San Diego Track Club	26	12	5	8		3	0		1
44	Nate Twomey	29	San Diego Track Club	25		9	9		7			
45	Jason Lewis	35	The Lost Boys	22			3		5	0	8	6
45	David Volk	32	Adidas Movin Shoes	22					11	11		
47	Ronald Norfleet	39	Bonita Roadrunners	20				13		0	7	
48	Joel Bernard	36	Unattached	19	11		6		2			
49	John Desrosiers	27	Unattached	17	10	3	4			0		0
50	Eric Marenburg	26	San Diego Track Club	15	15							



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51 Colin Jensen	11 Unattached	10	8	2				
52 Kevin Monahan	39 San Diego Track Club	9	9					
53 Steven Abrahamson	9 Unattached	7	7					
54 John Romais	28 San Diego Track Club	5			5		0	0



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Place	Name	Age	Team	Series Total	22-Aug	5-Sep	12-Sep	26-Sep	3-Oct	17-Oct	31-Oct	14-Nov
					Wild Duck 5K	Balboa 4M	City College 10K	Bonita Stamp 8K	Balboa Boogie 5K	Cougar Chall 5K	Cuya- maca 6K	USATF Champ 4M
1	Lesley Paterson	29	K-Swiss Misses	500	100	100			100		100	200
2	Joey Bonfiglio	33	Running Center/BSK	460	81	73	90	73		100	90	180
3	Kathryn Kasischke	33	JH Cohn	394		53	100		53	73	59	162
4	Dianna Chivakos	26	Adidas Movin Shoes	393		66		90	81	90	81	132
5	Brooke Anderson	22	K-Swiss Misses	318	73	39		66	73		53	106
6	Morgan Sjogren	22	Running Center/BSK	314	43	48	81	59		81	66	86
7	Julie Komosinski	26	Adidas Movin Shoes	296	59			53		66		118
8	Hilary Corno	34	Movin Shoes Red Hots	295	48	43		48		53		146
9	KC Meehan	29	Adidas Movin Shoes	280	90	81		100	90			
10	Kimberly Mueller	33	San Diego Track Club	229	66	19					48	96
11	Sophia Dammann	30	Running Center/BSK	205	29	14	73		29	35	39	58
12	Jennifer Uwins	35	JH Cohn	193		29			43		43	78
13	Fanny Tilley	33	Bonita Roadrunners	183				35	59	43		46
14	Gina Merchant	27	Movin Shoes Red Hots	180		32		39		39		70
15	Claris Fernandez	33	JH Cohn	168		8	66	7	35	23	29	38
16	Becki McClintock	30	Movin Shoes Red Hots	164		9			32	59		64
17	Terra Sarnacki	31	Running Center/BSK	157	35	21		32	48		32	42
18	Kin'dra Glavin	29	Running Center/BSK	145					26	32	35	52
19	Beth Gerdes	29	Running Center/BSK	134	32	26				48	26	28
20	Emily Joller	27	San Diego Track Club	121			48	26		21		26
21	Emma Abrahamson	13	Unattached	112	53	59						
22	Zorica Rahovic	37	JH Cohn	109	14	11		23	23	29	19	34
23	Alice Schmidt	28	Unattached	108		35					73	
24	Arwyn Becker	24	San Diego Track Club	105		23		43	39			
25	Sarah Linke	27	Movin Shoes Red Hots	99	21	10		29		19		30
26	Molly Kline	28	Running Center/BSK	91	17	4	53		21			
27	Jennifer Santa Maria	31	Adidas Movin Shoes	90		90						
28	Kelly Breckenridge	35	San Diego Track Club	87	11		59	13	14	13	14	
29	Maria Isabel Perez	28	Bonita Roadrunners	86	10	3	43	10	15	12		16
30	Christine Dammann	29	Running Center/BSK	83	6	5	35	15	19	15	13	14
31	Christy Beckman	32	Adidas Movin Shoes	81				81				
32	Megan O'Dowd	32	JH Cohn	73		12		21		17	17	18
33	Lucia Muntean	30	San Diego Track Club	68	19	6					21	22
34	Kylie Edwards	29	Running Center/BSK	66					66			
35	Megan Williams	23	K-Swiss Misses	65	23			19			23	
36	Elizabeth Skane	37	San Diego Track Club	62	9	1	39	11	12	11		
37	Christine Gould	29	Movin Shoes Red Hots	61	13	7		14		14		20
38	Meghan Morris	28	Movin Shoes Red Hots	58	15	7		17		26		
39	Laura Cohen	26	K-Swiss Misses	52	39	13						
40	Dulce Alvarez	26	San Diego Track Club	51			32	9				10
41	Joanna Sung	31	Running Center/BSK	45				12		9		24
42	Anne Ruminski	28	Movin Shoes Red Hots	41	26	15						
43	Marina Field	39	Bonita Roadrunners	34		0			9	5	12	8
44	Jackie Melchor	33	Bonita Roadrunners	26		0		8	11	7		
45	Jillian Barber	30	Movin Shoes Red Hots	22		0				10		12
45	Melissa Kloz	34	Running Center/BSK	22	7	2			13			
47	Lisa Thompson	38	Running Center/BSK	18					10	8		
48	Erin Limonchi	26	San Diego Track Club	17					17			
48	Michele Wallace	34	K-Swiss Misses	17		17						
50	Courtney Baird	28	Unattached	15							15	



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50 Katherine Ziegler	27 K-Swiss Misses	15	4		11
52 Clara Kerley	27 Running Center/BSK	12	12		
53 Sarah Abrahamson	11 Unattached	8	8		
54 Mariana Jimenez	27 Bonita Roadrunners	6		0	6
55 Kate Bouvatte	18 Unattached	5	5		



INDIVIDUAL STANDINGS 2009 USATF/ASICS DIRT DOG XC SERIES



Place	MEN 40+ Name	Age	Team	Series Total	22-Aug	5-Sep	12-Sep	26-Sep	3-Oct	17-Oct	31-Oct	14-Nov
					Wild Duck	Balboa 4M	City College	Bonita Stamp	Balboa Boogie	Cougar Chall	Cuya- maca	USATF Champ
					5K	4M	10K	8K	5K	8K	6K	4M
1	Jim Walsh	49	JH Cohn	490		90	90	90	100	81	100	200
2	Michael Hansen	42	Running Center/BSK	480	100	100			90	100		180
3	James Towle	42	Running Center/BSK	452	66	66	100	100	81	90		162
4	Juan Naranjo	43	Jamul Toads	407	90	81		73			90	146
5	Kenneth Velasquez	47	Jamul Toads	359	73	73		66			81	132
6	Samuel Walling	48	Jamul Toads	311	59	53		53	73		73	106
7	Bryan Wallbank	41	Jamul Toads	302	53	59		59			66	118
8	Matt Sheremeta	42	Running Center/BSK	284			81	48	59	66	59	78
9	Rodney Lobato	43	JH Cohn	283		48		43	66	73		96
10	Bruce Boettner	49	Running Center/BSK	251			43	32	53	59	53	86
11	Mike Nichol	45	Running Center/BSK	219		35	59	29	48	48	48	64
12	Patrick Lanoiselee	46	San Diego Track Club	217	43	39	73	35	43	43	39	58
13	Marshall Varano	47	JH Cohn	205	35	43		39	32	53		70
14	Mark Sarno	48	Running Center/BSK	178	39		48		39			52
15	Gerard Reski	45	Running Center/BSK	157	48		66		35		43	
16	Manuel Ramirez	45	Bonita Roadrunners	149		29		23		39	35	46
17	Andrew Thacher	46	San Diego Track Club	137	23	17	35	19	26	35	29	38
18	Christopher Baskerville	44	San Diego Track Club	124	29	26	39	26			26	30
19	Sergio Ramirez	40	Bonita Roadrunners	122		19				29	32	42
20	David Sanford	46	San Diego Track Club	121	26	23		21	29	32	23	34
21	Chris Hupfeld	40	Running Center/BSK	81				81				
21	Rich Brownsberger	46	Jamul Toads	81	81							
23	Jose Fino	43	Jamul Toads	74					23	23		28
24	Dale Reed	47	Bonita Roadrunners	72		10				17	19	26
25	Mark Stapleton	43	Unattached	71	19	15	29	15	21	21	21	
26	George Tubon	43	San Diego Track Club	70		21	32	17				
27	Juan Hernandez	44	Bonita Roadrunners	64		9				14	17	24
27	Barry Heppell	44	JH Cohn	64	32	32						
29	Richard Milner	47	San Diego Track Club	53			53					
30	James Delliquanti	46	Running Center/BSK	51		11	26	14				
31	Antonio Melchor	48	Bonita Roadrunners	31		12				19		
32	Scott LaPrath	46	San Diego Track Club	26						26		
33	Frank Williamson	45	Unattached	23			23					
34	Larry Roberts	45	Unattached	21	21							
34	Peter Gregory	48	Unattached	21		8				13		
36	Atsuyuki Katsuyama	42	Bonita Roadrunners	19					19			
37	Tom Berge	46	JH Cohn	15						15		
38	Steve Lopez	40	The Lost Boys	14		14						
39	Randy Montesanto	46	JH Cohn	13		13						



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Place	Name	Age	Team	Series Total	22-Aug	5-Sep	12-Sep	26-Sep	3-Oct	17-Oct	31-Oct	14-Nov
					Wild Duck	Balboa 4M	City College 10K	Bonita Stamp 8K	Balboa Boogie 5K	Cougar Chall 5K	Cuya- maca 6K	USATF Champ 4M
1	Laura Stuart	44	JH Cohn	500		100	100		100	100		200
2	Kristin Farmer	40	JH Cohn (Open)	441		81			90	90		180
3	Lisa Pechin	42	San Diego Track Club	417		53	90	100	81	81		146
4	Tamara Tabeek	49	JH Cohn	391	90	66			73			162
5	Terry Martin Duvel	47	JH Cohn	384	100	59			66	66	100	118
6	Tracy Golba	48	JH Cohn	327	81				59		81	106
7	Roseann Parry	43	San Diego Track Club	312		90		90				132
8	Karen Wheaton	42	San Diego Track Club	298					53	59	90	96
9	Linda Fradkin	45	San Diego Track Club	283	73		81		39	48	59	70
9	Jaye Morris	45	Unattached	283	59	35	73	73	43	53	73	64
11	Terri Moylan	48	JH Cohn	273		48				73	66	86
12	Penny Thralls	48	JH Cohn	226		39	66		35	43		78
13	Rachael Smithey	46	Bonita Roadrunners	203	53	29				39	53	58
14	Kathy Graham	43	San Diego Track Club	195	66			81	48			
15	Margaret Everett	41	Unattached	194		23		59		35	48	52
16	Erica Sist	44	San Diego Track Club	157		32	59	66	32			
17	Cindy Runnells	47	Bonita Roadrunners	110		21					43	46
18	Mandy Braidic	40	JH Cohn (Open)	73		73						
19	Lana Stevenson	49	JH Cohn	43		43						
20	Michelle Esqueda	49	Bonita Roadrunners	26		26						



INDIVIDUAL STANDINGS 2009 USATF/ASICS DIRT DOG XC SERIES



MEN 50+				Series	22-Aug	5-Sep	12-Sep	26-Sep	3-Oct	17-Oct	31-Oct	14-Nov
Place	Name	Age	Team	Total	Wild Duck	Balboa	City College	Bonita Stamp	Balboa Boogie	Cougar Chall	Cuya-maca	USATF Champ
					5K	4M	10K	8K	5K	8K	6K	4M
1	Adam Weiner	50	JH Cohn	500	100	100		100	100	100	100	200
2	Jeff Ruland	50	Bonita Roadrunners	441		81			81	90	90	180
3	Dave Spinler	50	San Diego Track Club	386	81	90	100	81	90	73		106
4	Martin Ellison	55	Running Center/BSK	376	90	73				81	73	132
5	Carroll Pope	54	Running Center/BSK	370	43	53	90		59	59	59	162
6	Luc Teyton	52	Running Center/BSK	338	66			73		53	81	118
7	Allen Turrietta	51	JH Cohn	318		66		90	66	66	66	96
8	Arno Sist	51	JH Cohn	285				66	73			146
9	Charles Prokop	52	JH Cohn	271	73	59				48	53	86
10	Ken Bauer	58	Running Center/BSK	232				53	53	43	48	78
11	Stephen Burch	52	JH Cohn	203	59	43			43	32	35	58
12	James McNevin	52	Running Center/BSK	201	53	39			35	35	39	70
13	Steve Lord	50	JH Cohn	197	48	48		59	48	39	43	42
14	Brian Williams	54	JH Cohn	169	29	29	81	29	21	17	21	30
15	Eric Drummond	51	Running Center/BSK	162	32	35		43		29	26	52
16	Robb Latimer	57	Unattached	157	21	21	66	39	26		17	26
17	Paul Baumhoefner	57	San Diego Track Club	151		23	73			21	15	34
18	Kurt Hallock	53	Bonita Roadrunners	139	35				29	26	29	46
19	Greg Wagner	54	JH Cohn	135					39		32	64
20	Michael Anderson	51	Bonita Roadrunners	119	39	32		48			23	
21	Roy Adams	59	Bonita Roadrunners	105				35	23		19	28
22	Mike Rouse	57	Unattached	88		17		32	15			24
23	Matt Jones	50	Unattached	87	26					23		38
24	Joe Crosswhite	52	JH Cohn	62		26			17	19		
25	Norberto Avila	51	Bonita Roadrunners	59		14		23				22
26	Andy Vano	57	Unattached	55	23				32			
26	Gary Demers	58	Bonita Roadrunners	55		15		26			14	
28	Ernie Mendez	52	JH Cohn	38	19				19			
29	Steve Kleinstuber	53	Unattached	19		19						

WOMEN 50+				Series	22-Aug	5-Sep	12-Sep	26-Sep	3-Oct	17-Oct	31-Oct	14-Nov
Place	Name	Age	Team	Total	Wild Duck	Balboa	City College	Bonita Stamp	Balboa Boogie	Cougar Chall	Cuya-maca	USATF Champ
					5K	4M	10K	8K	5K	5K	6K	4M
1	Kimberlee Rouse	54	JH Cohn	500		100		100	100			200
2	Linda Powers	52	JH Cohn	480	100	90	100	90		100	90	180
3	JoAnn Scott	55	JH Cohn	442		81			90	90	100	162
4	Yvonne-Robin Paine	59	San Diego Track Club	407	90		90	73	81	73	66	146
5	Mary Ryzner	55	San Diego Track Club	367	81			66	66	81	73	132
6	Deborah Shea	55	San Diego Track Club	338	73		81	53	59	66	59	118
7	Catherine Holl	54	San Diego Track Club	278	66				53	53		106
8	Marian Schmidt	54	San Diego Track Club	227		73		59	73		81	
9	Tina Breen	53	Bonita Roadrunners	178		66				59	53	
10	Marcella Teran	54	JH Cohn	81				81				
11	Anamaria Gilman	58	Bonita Roadrunners	59		59						
12	Karen Barros	51	Bonita Roadrunners	48						48		



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MEN 60+				Series	22-Aug	5-Sep	12-Sep	26-Sep	3-Oct	17-Oct	31-Oct	14-Nov
Place	Name	Age	Team	Total	Wild Duck	Balboa	City College	Bonita Stamp	Balboa Boogie	Cougar Chall	Cuya-maca	USATF Champ
					5K	4M	10K	8K	5K	8K	6K	4M
1	Ronald Wells	63	San Diego Track Club	500		100		100	100			200
2	Jan Kafka	62	San Diego Track Club	460	90	90	100					180
3	Dennis Kasischke	63	San Diego Track Club	442		81	90		90	90	100	162
4	Peter Stern	64	San Diego Track Club	398	73	66	73	81	66	81	90	146
5	Graeme Shirley	63	Unattached	345	66	53	59	66	59	66	81	132
6	Steven Brenneck	69	Running Center/BSK	330	59	48	66	59	53	73	73	118
7	Hal Goforth	65	San Diego Track Club	254			81		73	100		
8	Jim Callaway	67	San Diego Track Club	244		73		90	81			
9	Richard Williams	74	San Diego Track Club	178				53	48	59	66	
10	Berek Fiszlewicz	62	Bonita Roadrunners	132		59		73				
11	Phil Camp	62	Jamul Toads	100	100							
12	Ronald Enos	64	San Diego Track Club	81	81							
13	Don Fosket	73	Unattached	53	53							
14	Helio Castenada	62	Bonita Roadrunners	43		43						

WOMEN 60+				Series	22-Aug	5-Sep	12-Sep	26-Sep	3-Oct	17-Oct	31-Oct	14-Nov
Place	Name	Age	Team	Total	Wild Duck	Balboa	City College	Bonita Stamp	Balboa Boogie	Cougar Chall	Cuya-maca	USATF Champ
					5K	4M	10K	8K	5K	5K	6K	4M
1	Teri Fitzgibbons	60	JH Cohn	500					100	100	100	200
2	Willie Mundt	60	San Diego Track Club	480	100	100	100	100	90	90	90	180
3	Dorothy Little	70	San Diego Track Club	432	90	90		90	73	81		162
4	Virginia Lopez	69	San Diego Track Club	382	73		90	73	59	59		146
5	Martha Walker	73	San Diego Track Club	359	66	73	81	66	53	66	73	132
6	Judy Richwine	66	Unattached	243	81	81			81			
7	Jane (Kitt) Williams	62	San Diego Track Club	235				81	66	73	81	