

WINTER TRACK SERIES ALL-COMERS MEET

SATURDAY, JANUARY 17, 2015

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SWEETWATER HIGH SCHOOL

2900 Highland Avenue-National City, CA 91950

Meet #3 of 2014-2015 San Diego Track Club Winter Track Classic Series

GATE-REGISTRATION-CHECK IN OPEN: 7:00am

RACE WALK: 7:30am

5000 METER RUN: 8:30am

Note: Rolling Schedule, Approximate Start Times

TRACK EVENT:

3000 & 5000 METER RACE WALK (held concurrently)

5000 METER RUN

100 METER DASH

800 METER RUN

100/110 HURDLES

400 METER DASH

MILE RUN

4 X 400 RELAY

FIELD EVENTS:

LONG JUMP

HIGH JUMP

SHOT PUT



Competitors of all ages and abilities welcome!

\$5.00 for one event

\$7.00 for two/three events

Spectators are free

New 8 - Lane All Weather Track

Four Horizontal jumps / throws per entrant

New Shot Put Ring

Please bring your own throwing implements.

Finish Linx Timing

3/16" needle point spikes only

CONTACT: Tim Latham (619) 474-9734

ENTRY: pre-entries may be sent to robert.latham@sweetwaterschools.org
or sign up morning of the meet

**PARKING ON AREA STREETS AND NORTHEAST CAMPUS PARKING LOT
REGISTRATION AT STADIUM WEST SIDE GATE ('D' STREET)**