

Change the Game 1st Annual Developmental Meet

Hosted by: Change the Game Track and Field Club

Date: March 19, 2016

Site: Steele Canyon High School
12440 Campo Road
Spring Valley, Ca 91977



Starting Time: 7:00AM Packet Pick Up
8:00AM Field and Running Events

Meet Director: Rodney Van, Sr.

Assistant Meet Director: Dewayne McBride

Eligibility: Girls and Boys in the order of competition:
7&up (400m only).....12/31/2016 (must be at least 7 on this date)
8&under.....2008-
9-10.....2006-2007
11-12.....2004-2005
13-14.....2002-2003
15-16.....2000-2001

Limitations: 8&under thru 11-12 are limited to 3 events. 13 and up are limited to 4 events.

Surface: All weather track and runway only 3/16 needle spikes allowed. No pyramid spikes allowed.

Registration: Will be open on www.athletic.net on February 17, 2016 & close on Thursday, March 17, 2016 at 11:59pm.

Entry Fee: \$7.00 per athlete. Team entries are to paid in cash or club check when picking up packet. Unattached entries to be paid in cash or money order (NO PERSONAL CHECKS ACCEPTED).

Sanction: Meet is sanctioned by USATF-San Diego Imperial Association

LATE Registration will be restricted to 7:00am to 8:00am on Saturday with an additional cost of \$3.00 per athlete.

Coaches will meet at the 50 yard line promptly at 7:30am.

Awards: Top 3 in all age groups will receive medals. 4th-8th place ribbons will be awarded. All will receive a participation ribbon.



Concessions: Food and drinks will be available for purchase.

Meet Results: Will be provided online at www.sdusatf.org/youth.html

Check-in: All participants must check in at the Clerk of the Course when their events are called. Field event participants must report directly to the official on the field in charge of the event when called.

MEET WILL TAKE PLACE RAIN OR SHINE

Running Events Start Time: 8:00AM PROMPT, FIRST call 7:30AM

3000m Run	ALL Divisions
400m Dash	7 and up (must turn 7 by Dec 31, 2016)
100m Dash	8 & Under ONLY
1500m Run	ALL Divisions
4x100m Relay	ALL Divisions
800m Run	ALL Divisions
200m Dash	ALL Divisions
4x400m Relay	ALL Divisions

Field Events Start Time: 8:00AM PROMPT, FIRST call 7:30AM

Shot Put	8 & under, 9-10, 11-12, 13-14, 15-16 (girls then boys)
Long Jump	15-16, 13-14, 11-12, 10-9, 8 & under (girls north side/boys south side)
Mini Javelin	11-12, 10-9, 8 & under (girls then boys contested on lower field)

If there are any questions, please do not hesitate to call (619) 646-3997 or email mcbriededewaynectg@gmail.com

Additional Information:

This meet will have automatic timing. No pets, peanuts or sunflower seeds allowed in stadium. No food or sugary (includes Gatorade) drinks allowed on the infield, only water. Warm up area on the lower field. Canopies must be secured. Spectators are welcome to set chairs along the east and west side of track.