



**SAN DIEGO CHEETAHS
YOUTH DEVELOPEMENTAL
TRACK AND FIELD MEET.**

HOSTED BY: SAN DIEGO CHEETAHS YOUTH TRACK AND FIELD TEAM.

MEET DIRECTOR: MARCUS SIMS

WHERE: WEST HILLS HIGH SCHOOL SANTEE

WHEN: APRIL 6, 2013

REGISTRATION: 8:00 UNTIL LAST CALL FOR THE LAST EVENT. (ONLY COACHES WILL BE ALLOWED TO REGISTER ATHLETES) COACHES CAN ALSO EMAIL ENTRIES

TO: marccvt1@gmail.com

TIME: 8:30 AM FIELD EVENTS 9:00 AM RUNNING EVENTS

ELIGIBILITY: BOYS AND GIRLS IN THE FOLLOWING AGE GROUPS:

BORN:

8 & UNDER.....2005 & YOUNGER

9 & 10..... 2003-2004

11 & 12.....2001-2002

13 & 14.....1999-2000

15 & 16.....1997-1998

LIMITATIONS: 8 & UNDER THROUGH 11 & 12 YR OLD DIVISIONS ARE LIMITED TO 3 EVENTS INCLUDING RELAYS. 13 & 14 AND ABOVE ARE LIMITED TO 4 EVENTS INCLUDING RELAYS.

ENTRY FEES: \$7.00 PER ATHLETE. ENTRIES ARE TO BE PAID BY CASH, MONEY ORDER OR CLUB CHECK ONLY.

FACILITY: NINE LANE ALL-WEATHER TRACK SURFACE. ONLY 3/16" NEEDLE OR PYRAMID SPIKES WILL BE ALLOWED.

CONCESSIONS: SNACK BAR WITH FOOD AND DRINKS WILL BE PROVIDED AT AFFORDABLE PRICES.

CHECK IN: ATHLETES MUST CHECK IN WITH THEIR WRIST BANDS UNCHANGED AND UNALTERED AT THE CLERK OF THE COURSE. FIELD EVENT COMPETITORS WILL CHECK IN AT THE EVENT SITE.

AWARDS: MEDALS WILL BE GIVEN FOR 1ST THROUGH 3RD PLACE. RIBBONS WILL BE GIVEN FOR 4TH THRU 8TH PLACE AS WELL AS PARTICIPATORY RIBBONS.

MEET WILL BE CONTESTED RAIN OR SHINE.

COACHES YOU DON'T NEED TO ENTER YOUR KIDS IN THE 4 X 400 IN COACHO YOU CAN ENTER THEM AT THE CLERK OF THE COURSE AND IT WON'T COUNT AS AN ADDITIONAL EVENT.

ALL TRACK AS WELL AS ALL FIELD EVENTS WILL HAVE THE GIRLS GOING FIRST IN THAT AGE GROUP.

FIELD EVENTS STARTING TIME: 8:30 A.M.

LONG JUMP	15-16, 13-14, 8&UN 11-12, 9-10
SHOT PUT	8 & U THRU 15-16
MINI JAVELIN	8 & U THRU 11-12
HIGH JUMP	9-10 THRU 15-16

RUNNING EVENTS STARTING TIME: 9:00A.M.

1500M RACE WALK	9-10 THRU 15-16
100M	8 & U THRU 15-16
1500M RUN	8 & U THRU 15-16
400M	8 & U THRU 15-16
4 X 100	8 & U THRU 15-16
100M HURDLES	13-14
80M HURDLES	11-12
200M	8 & U
800M RUN	8 & U THRU 15-16
100M	FINALS
PARENT COACHES RELAY	
4 X 400 RELAY	8 & U THRU 15-16