

3rd Annual NCRR  
WILD DUCK 5K XC RACE  
Women's Results  
Saturday, August 22, 2009  
Registration & Results by the San Diego Track Club

Place	Name	No.	Age	Div/Tot	S	City	Time	Pace
=====	=====	=====	=====	=====	=	=====	=====	=====
1	LESLEY PATERSON	222	28	1/17	F	SAN DIEGO	17:23	5:36
2	KC MEEHAN	220	29	2/17	F	SAN DIEGO	18:03	5:49
3	JOEY BONFIGLIO	122	33	1/6	F	SAN DIEGO	18:23	5:55
4	BROOKE ANDERSON	203	22	1/11	F	SAN DIEGO	18:32	5:58
5	KIM MUELLER	102	33	2/6	F		18:34	5:59
6	EMILY MC GREGOR	263	23	2/11	F	SAN DIEGO	18:38	6:00
7	JULIE KOMOSINSKI	210	26	3/17	F	SAN DIEGO	18:40	6:01
8	EMMA ABRAHAMSON	11	12		F		18:48	6:03
9	HILARY COMO	99	33	3/6	F		18:54	6:05
10	MORGAN SJOGREN	239	22	3/11	F	SAN DIEGO	19:18	6:13
11	LAURA COHEN	204	25	4/17	F	SAN DIEGO	19:43	6:21
12	TERRA SARNACKI	128	31	4/6	F	SAN DIEGO	19:48	6:23
13	BETH GERDES	121	29	5/17	F	SAN DIEGO	19:50	6:23
14	SOPHIA DAMMANN	135	29	6/17	F	SAN DIEGO	19:51	6:24
15	HARPER CLEVES	227	15	1/6	F	SAN DIEGO	19:54	6:25
16	SARAH HEISOR	231	14	2/6	F	SAN DIEGO	19:56	6:25
17	ANNE RUMINSKI	151	28	7/17	F	SAN DIEGO	20:08	6:29
18	KIM ANDREWS	226	21	4/11	F	SAN DIEGO	20:12	6:31
19	MEGAN WILLIAMS	205	23	5/11	F	SAN DIEGO	20:15	6:32
20	GINA MERCHANT	79	27		F		20:23	6:34
21	LUCCIA MUNTEAN	112	29	8/17	F		20:26	6:35
22	TERRY MARTIN DUVEL	328	47	1/6	F	SAN DIEGO	20:34	6:38
23	LARA HERTZOG	275	21	6/11	F	SAN DIEGO	20:38	6:39
24	ASHLEY COPE	149	12	1/2	F	SAN DIEGO	20:40	6:40
25	MOLLY KLINE	123	28	9/17	F	SAN DIEGO	20:41	6:40
26	MEGHAN MORRIS	72	28		F		20:42	6:40
27	TAMMY TABEEK	228	49	2/6	F	SAN DIEGO	20:43	6:41
28	ANGELA SANDOVAL	60	15	3/6	F		20:45	6:41
29	MAIYA LARSEN	150	12	2/2	F	SAN DIEGO	20:56	6:45
30	ZORICA RAHOVIC	92	37		F		21:06	6:48
31	TRACY GOLBA	261	48	3/6	F	SAN DIEGO	21:10	6:49
32	CLARIS FERNANDEZ	225	32	5/6	F	SAN DIEGO	21:13	6:50
33	ADRIENNE GRAHAM	244	18	1/7	F	SAN DIEGO	21:18	6:52
34	CHRISTINE GOULD	98	29		F		21:21	6:53
35	CLARA KERLEY	126	26	10/17	F	SAN DIEGO	21:23	6:53
36	BROOKE ROHNER	281	16	2/7	F	SAN DIEGO	21:24	6:54
37	ADRIANA RAMOS	48	16		F		21:27	6:55
38	LINDA POWERS	274	51	1/3	F	SAN DIEGO	21:28	6:55
39	KELLY BRECKENRIDGE	154	35	1/5	F	SAN DIEGO	21:31	6:56
40	ISABEL PEREZ	349	28	11/17	F	SAN DIEGO	21:34	6:57
41	HANNAH LELTAU	258	21	7/11	F	SAN DIEGO	21:35	6:57
42	LIZ SKANE	113	37	2/5	F		21:39	6:58
43	SARAH ABRAHAMSON	12	11		F		21:43	7:00
44	LINDA FRADKIN	158	45	4/6	F	SAN DIEGO	21:44	7:00
45	SERENA STUVE	109	16	3/7	F		21:54	7:03
46	PATRICIA ESCAMILLA	87	51		F		22:03	7:06
47	MELISSA KLOZ	138	33	6/6	F	SAN DIEGO	22:07	7:08
48	CHRISTINE DAMMANN	127	29	12/17	F	SAN DIEGO	22:15	7:10
49	KATHY GRAHAM	250	43	1/3	F	SAN DIEGO	22:41	7:19
50	JAYE MORRIS	224	44	2/3	F	SAN DIEGO	22:48	7:21
51	SAMANTHA THOMAS	283	27	13/17	F	SAN DIEGO	22:52	7:22
52	LYDIA EKEROTH	108	16	4/7	F		22:52	7:22
53	ROBIN PAINE	90	59		F		23:11	7:28
54	BRYN ROHNER	273	14	4/6	F	SAN DIEGO	23:31	7:35
55	MARY RYZNER	164	55	1/3	F	SAN DIEGO	23:31	7:35
56	RACHEL SMITHLEY	95	46		F		23:36	7:36

57	KATE BOUVATTE	91	18		F		23:44	7:39
58	DEBORAH SHEA	77	55		F		23:44	7:39
59	JENNY EVANS	21	29		F		23:48	7:40
60	CHARISNA BROADBENT	36	31		F		23:53	7:42
61	SOPHIA HERNANDEZ	63	16		F		23:56	7:43
62	JENNIFER DECKERT	313	36	3/5	F	SAN DIEGO	24:01	7:44
63	WILLIE MUNDT	93	60		F		24:03	7:45
64	ASIA GRAHAM	236	19	8/11	F	SAN DIEGO	24:04	7:45
65	KATHERINE ZIEGLER	257	26	14/17	F	SAN DIEGO	24:11	7:48
66	NATASCHA STARR	260	15	5/6	F	SAN DIEGO	24:35	7:55
67	SANDY WILSON	278	51	2/3	F	SAN DIEGO	24:40	7:57
68	CHELSEA VALLIER	327	18	5/7	F	SAN DIEGO	25:27	8:12
69	SAMANTHA COCH	194	15	6/6	F	SAN DIEGO	26:09	8:26
70	DOROTHY LITTLE	9	69		F		26:13	8:27
71	CATHY HOLL	284	54	3/3	F	SAN DIEGO	26:50	8:39
72	MARGARET EVERETT	277	40	3/3	F	SAN DIEGO	26:51	8:39
73	DANIELLE GATTIS	117	23	9/11	F	SAN DIEGO	26:57	8:41
74	YURIDIA WRIGHT	68	14		F		27:01	8:42
75	KENNADEE HARRISON	66	13		F		27:02	8:42
76	KRISTIAN BROX	46	17		F		27:03	8:43
77	LILY RAMOS	47	15		F		27:04	8:43
78	MARY SUE GAIL	266	48	5/6	F	SAN DIEGO	27:05	8:44
79	SARAH GREENLEE	115	24	10/11	F	SAN DIEGO	27:14	8:47
80	BROOKE RENDON	52	16		F		27:17	8:47
81	JUDY RICHWINE	89	66		F		27:18	8:48
82	CAROLINE DYAL	28	37		F		27:21	8:49
83	JULIA ZAMORA	61	14		F		27:52	8:59
84	STEPHANIE VARGAS	62	13		F		27:57	9:00
85	ANELAH MCGINNESS	53	17		F		28:26	9:09
86	KIM SATTERLEE	279	59	2/3	F	SAN DIEGO	28:31	9:11
87	COLBIE VILLA	54	15		F		28:48	9:17
88	DANIELLE GUTIERREZ	111	24	11/11	F		29:21	9:27
89	ASH VALLIER	312	16	6/7	F	SAN DIEGO	30:16	9:45
90	YUMI FARISS	230	36	4/5	F	SAN DIEGO	30:47	9:55
91	EVA ALVARADO	233	27	15/17	F	SAN DIEGO	30:48	9:55
92	VIRGINIA LOPEZ	27	69		F		31:25	10:07
93	AMANDA CHURCHILL	185	45	6/6	F	SAN DIEGO	31:49	10:15
94	DEBORAH SPANDIKOW	216	39	5/5	F	SAN DIEGO	31:57	10:17
95	KATHY GILKEY	35	60		F		32:05	10:20
96	MARTHA WALKER	73	73		F		32:11	10:22
97	NATALIE JAMES	34	33		F		32:44	10:33
98	LINDA DOUGHTY	100	29	16/17	F		32:51	10:35
99	MARISA MOLINA	147	16	7/7	F	SAN DIEGO	33:16	10:43
100	LETTY SERRATO	40	33		F		33:34	10:49
101	JANI CORDORA	39	33		F		36:09	11:39
102	LISA SALES	97	48		F		36:22	11:43
103	DIANA GAINES	83	56	3/3	F		37:53	12:12
104	ROBYN HENK	25	58		F		38:57	12:33
105	WENDY AMBOY	287	29	17/17	F	SAN DIEGO	41:31	13:22
106	CINDY KRUMWEIDE	43	37		F		42:11	13:35
107	KATHERINE LEVIN	31	47		F		42:11	13:35