

San Diego Track Club
 55th Annual Balboa
 4 Mile Cross Country
 Masters Results
 Saturday, August 31, 2019

Place	Name	No.	Age	Div/Tot	S	City	Time	Pace
=====	=====	=====	=====	=====	=	=====	=====	=====
1	Adam Dailey	360	43	1/20	M		22:13	5:34
2	Okwaro Raura	514	44	2/20	M		22:49	5:43
3	JASON BATTERSON	613	43	3/20	M	San Diego	23:15	5:49
4	Jamaal Ryan	525	42	4/20	M		23:56	5:59
5	Dan Lesser	442	43	5/20	M		24:01	6:01
6	TOM BACHE	327	47	1/16	M		24:24	6:06
7	SAULO RIVERA	602	41	6/20	M	San Diego	24:49	6:13
8	David Lipke	451	41	7/20	M		24:49	6:13
9	HILARY CORNO	614	43	1/17	F	San Diego	24:59	6:15
10	JUAN CARLOS AYALLA-	700	46	2/16	M		25:05	6:17
11	PAUL WELLMAN	582	41	8/20	M		25:15	6:19
12	ROBERT VERHEES	596	53	1/13	M	San Diego	25:19	6:20
13	Michael Daly	361	43	9/20	M		25:38	6:25
14	Robert Cunningham	358	40	10/20	M		25:53	6:29
15	Jim Walsh	578	58	1/20	M		26:01	6:31
16	Marc Sosnowski	548	52	2/13	M		26:10	6:33
17	BIN LIU	452	56	2/20	M		26:11	6:33
18	STEPHEN JOHNSON	609	46	3/16	M	San Diego	26:20	6:35
19	MICHAEL LEBOLD	440	62	1/18	M		26:21	6:36
20	ANGELA MOLL	480	42	2/17	F		26:23	6:36
21	Jens Lykke-Andersen	457	51	3/13	M		26:27	6:37
22	DAVID EASA	617	44	11/20	M	San Diego	26:35	6:39
23	Patrick McBride	471	46	4/16	M		27:09	6:48
24	THOM HUNT	418	61	2/18	M		27:17	6:50
25	RANDY RAY	605	43	12/20	M	San Diego	27:23	6:51
26	Mario Balcom	328	54	4/13	M		27:23	6:51
27	Dick Robinson	519	57	3/20	M		27:35	6:54
28	VICTORIA BARANA	607	40	3/17	F	San Diego	27:39	6:55
29	BRIAN SKILES	608	50	5/13	M	San Diego	27:43	6:56
30	AMY HALSETH	402	49	1/11	F		27:45	6:57
31	JEFF RULAND	523	59	4/20	M		27:48	6:57
32	RON FAN	378	54	6/13	M		27:51	6:58
33	MIMO PARKINS	606	54	7/13	M	San Diego	27:57	7:00
34	Eva Lozano	454	40	4/17	F		28:00	7:00
35	VICTOR DE LA PAZ	616	44	13/20	M	San Diego	28:07	7:02
36	Scott McEntee	473	62	3/18	M		28:08	7:02
37	Lisa Ryan	524	40	5/17	F		28:11	7:03
38	Arno Sist	544	60	4/18	M		28:26	7:07
39	Nuno Costa	357	40	14/20	M		28:37	7:10
40	Jose Rivera	518	47	5/16	M		28:58	7:15

41	sean stevenson	556	54	8/13	M		28:59	7:15
42	LAURA STUART	558	54	1/6	F		29:13	7:19
43	Troy Owens	499	46	6/16	M		29:16	7:19
44	URSULA KREMER	435	48	2/11	F		29:18	7:20
45	MARSHALL VARANO	575	57	5/20	M		29:20	7:20
46	Rick Siebern	542	59	6/20	M		29:40	7:25
47	John Funk	388	42	15/20	M		29:41	7:26
48	Tim Stafford	553	54	9/13	M		29:49	7:28
49	Jack Fay	380	45	7/16	M		29:49	7:28
50	STEVE RYE	526	47	8/16	M		29:50	7:28
51	David Jewell	424	55	7/20	M		29:51	7:28
52	Alexander Arrow	324	48	9/16	M		30:02	7:31
53	FRANCISCO RUIZ TORR	610	51	10/13	M	San Diego	30:05	7:32
54	JENNIFER UWINS	612	45	3/11	F	San Diego	30:10	7:33
55	PETER GERSTOFT	394	61	5/18	M		30:14	7:34
56	MAUREEN FRIEND	385	53	2/6	F		30:17	7:35
57	Tony Marshall	465	74	1/11	M		30:18	7:35
58	RICK PFEIFFER	504	68	1/10	M		30:24	7:36
59	Peter Wood	588	54	11/13	M		30:31	7:38
60	Michelle hundley	417	47	4/11	F		30:33	7:39
61	Charisa Clarkson	355	43	6/17	F		30:42	7:41
62	David Dunbar	372	69	2/10	M		30:43	7:41
63	Raul Galindo	390	44	16/20	M		30:46	7:42
64	Les Shibata	541	64	6/18	M		30:57	7:45
65	Fanny Tilley	567	43	7/17	F		31:07	7:47
66	RON WELLS	611	73	2/11	M	San Diego	31:09	7:48
67	REI YAMADA	589	57	8/20	M		31:15	7:49
68	MELISSA MINJAREZ	478	42	8/17	F		31:20	7:50
69	Jorge Castro	350	51	12/13	M		31:28	7:52
70	Carol Keller	428	59	1/7	F		31:39	7:55
71	Kevin Miller	477	62	7/18	M		31:50	7:58
72	ROSEANN PARRY	502	53	3/6	F		31:52	7:58
73	LORENA PINON	627	41	9/17	F	San Diego	31:56	7:59
74	David Horton	413	49	10/16	M		32:05	8:02
75	AUBYN GRANT	615	44	17/20	M	San Diego	32:12	8:03
76	RICK BUSHORE	344	66	3/10	M		32:17	8:05
77	ROBERTO ALFREDO BUR	628	55	9/20	M	San Diego	32:21	8:06
78	Gaby Barreiro	329	51	4/6	F		32:22	8:06
79	Kenneth Toms	568	47	11/16	M		32:25	8:07
80	ALEX TAMAYO	621	53	13/13	M	San Diego	32:33	8:09
81	Dale Reed	516	56	10/20	M		32:43	8:11
82	JAMES BURRELL	342	59	11/20	M		32:49	8:13
83	James Morrell	485	67	4/10	M		32:49	8:13
84	MARC FROMMER	387	67	5/10	M		33:08	8:17
85	ANDY THACHER	565	56	12/20	M		33:25	8:22
86	LINDA POWERS	508	61	1/3	F		33:30	8:23
87	DANIEL DIEHR	366	70	3/11	M		33:30	8:23
88	STEVE DOYLE	370	71	4/11	M		33:34	8:24
89	Nathan Kicklighter	432	59	13/20	M		33:42	8:26
90	JACKIE MELCHOR	625	43	10/17	F	San Diego	33:44	8:26

91	TOM KENNY	624	58	14/20	M San Diego	33:48	8:27
92	wenyi Lu	455	59	15/20	M	33:50	8:28
93	NANCY WILKINS-DIEHR	584	57	2/7	F	33:52	8:28
94	Ray Sanz	530	49	12/16	M	33:52	8:28
95	ANDREA GUZMAN	702	48	5/11	F San Diego	34:03	8:31
96	Bardia Pishdad	506	45	13/16	M	34:24	8:36
97	GREGORY AARONS	317	67	6/10	M	34:27	8:37
98	Trevor Splettstoess	550	43	18/20	M	34:31	8:38
99	Andrew Oswald	498	41	19/20	M	34:36	8:39
100	George Greco	397	71	5/11	M	34:37	8:40
101	MIGUEL ALVAREZ-CABA	322	61	8/18	M	34:57	8:45
102	MARY RYZNER	527	65	1/6	F	35:01	8:46
103	KENT RICHARDSON	604	64	9/18	M San Diego	35:14	8:49
104	ROBIN-YVONNE PAINE	501	69	2/6	F	35:16	8:49
105	Kathleen Wilson	585	47	6/11	F	35:38	8:55
106	CHIP WYRE	594	47	14/16	M San Diego	35:41	8:56
107	ERNESTINA MARTIN	466	65	3/6	F	35:46	8:57
108	DAN TRONE	570	59	16/20	M	35:58	9:00
109	Jeanine Ehret	374	52	5/6	F	36:00	9:00
110	Ellen Fleischman	382	57	3/7	F	36:08	9:02
111	Tracy Taddey	561	49	7/11	F	36:24	9:06
112	Frank Whittemore	583	64	10/18	M	36:51	9:13
113	DAN LINEHAN	449	70	6/11	M	37:19	9:20
114	rosa maria garcia	393	57	4/7	F	37:27	9:22
115	GLENN ROGET	521	62	11/18	M	38:02	9:31
116	CHRISTINE YOUNG	593	70	1/2	F	38:20	9:35
117	DEBORAH SHEA	539	65	4/6	F	38:25	9:37
118	Antonio Melchor	474	58	17/20	M	38:29	9:38
119	Toya Reavis	515	55	5/7	F	38:37	9:40
120	TINA BREEN	338	63	2/3	F	38:52	9:43
121	Ida Chi	353	49	8/11	F	39:07	9:47
122	ANDY JIRAK	425	60	12/18	M	39:08	9:47
123	JOHN BUCKLEY	339	70	7/11	M	39:18	9:50
124	Dora York	592	44	11/17	F	39:24	9:51
125	William Molesworth	479	66	7/10	M	39:36	9:54
126	chris malcolm	460	61	13/18	M	39:43	9:56
127	PETER STERN	554	74	8/11	M	39:44	9:56
128	Hal Goforth	395	74	9/11	M	39:46	9:57
129	Bill Molumby	481	66	8/10	M	39:55	9:59
130	Gordana Maric-Dufre	463	40	12/17	F	41:30	10:23
131	Lise Herrera	409	65	5/6	F	41:47	10:27
132	David Pothier	507	60	14/18	M	41:53	10:29
133	kim hunter	419	40	13/17	F	42:00	10:30
134	Herman Fountain	384	71	10/11	M	42:26	10:37
135	Lauren McCabe	472	35	1/1	F	42:26	10:37
136	Carleen Knauf	434	31	1/1	F	42:28	10:37
137	James Summers	559	60	15/18	M	42:28	10:37
138	Farsheed Mahmoudi	459	44	20/20	M	43:06	10:47
139	Jaime Leyva	447	46	15/16	M	43:15	10:49
140	KRISHNA BOLD	601	46	9/11	F San Diego	43:24	10:51

141	CARL ROBINSON	520	63	16/18	M		43:30	10:53
142	DENNIS KASISCHKE	603	73	11/11	M	San Diego	43:34	10:54
143	Tim Snyder	546	56	18/20	M		44:10	11:03
144	JEFF JACOBS	423	76	1/1	M		44:26	11:07
145	Heather Fay	379	44	14/17	F		45:17	11:20
146	judy schickler	532	74	2/2	F		45:48	11:27
147	MYRTLE SPOWART	552	66	6/6	F		46:01	11:31
148	BENJAMIN SPOWART	551	63	17/18	M		46:05	11:32
149	WARREN OSBORN	497	85	1/1	M		46:05	11:32
150	Joanne Boyd	336	51	6/6	F		46:17	11:35
151	Gretchen Shaffer	537	42	15/17	F		46:23	11:36
152	MICHELLE HUBER	629	40	16/17	F	San Diego	46:43	11:41
153	Connie Snyder	545	61	3/3	F		46:44	11:41
154	Paul Krueger	436	66	9/10	M		46:55	11:44
155	Anthony Chinchillas	354	57	19/20	M		48:14	12:04
156	SEAN HENNESSEY	408	61	18/18	M		48:53	12:14
157	Tara Torres	569	41	17/17	F		49:02	12:16
158	PETER GREGORY	398	57	20/20	M		49:21	12:20
159	Christine Teofilo	564	48	10/11	F		49:23	12:21
160	Luwain Ng	490	57	6/7	F		49:26	12:22
161	Darlene Harston	405	45	11/11	F		49:39	12:25
162	Robert Lewis	445	47	16/16	M		50:34	12:39
163	Andrea Leyva	446	20	1/1	F		50:34	12:39
164	Robert Stevens	555	69	10/10	M		51:25	12:52
165	LOURDES BURRELL	341	57	7/7	F		57:57	14:30
166	VIRGINIA LOPEZ	453	79	1/1	F		1:09:13	17:19
167	MARTHA WALKER	577	83	1/1	F		1:09:29	17:23