



**San Diego City College  
Summer All-Comers Track & Field Meet  
Wednesday, July 22, 2020  
Balboa Stadium**

1405 Park Blvd – San Diego, CA 92101

*All ages and abilities welcome.*

**Pre-Register on [www.Athletic.net](http://www.Athletic.net) for \$8.00 per event (one-time \$2.00 online fee)**

Day of Event Registration is \$10.00 per event and begins at 4:30pm.

**Contact:** Marco Anzures at [manzures@sdccd.edu](mailto:manzures@sdccd.edu)

**Event Schedule**

*Rolling schedule in affect – all times approximate*

**Running Events**

6:00pm	2 <sup>nd</sup> Recess Kids 50m Dash – FREE
6:10pm	W – Paul Greer Mile
6:25pm	M – Paul Greer Mile
6:40pm	W – 100m
6:55pm	M – 100m
7:10pm	M/W – 5,000m
7:40pm	W – 200m
7:50pm	M – 200m
8:00pm	W – 800m
8:10pm	M – 800m

**Field Events - 4 attempts**

4:00pm	M/W – Pole Vault
6:00pm	M/W – Long Jump
6:00pm	M/W – Shot Put
7:00pm	M/W – High Jump

**Additional Info**

<b>Website</b>	<a href="http://www.sdcrosscountry.com">www.sdcrosscountry.com</a>
<b>Track Opens</b>	4:30pm – Enter at the West gate closest to the high school.
<b>Entrance</b>	Enter the stadium on the West end home side nearest the high school.
<b>Registration</b>	Closes 30 minutes prior to the scheduled start of that event.
<b>Results</b>	Posted near the finish line area.
<b>FREE Parking</b>	available all around the stadium.
<b>Pole Vault</b>	is contested at St. Augustine HS in North Park. One pit only. “A” and “B” flight times will be announced. <u>Address: 3266 Nutmeg Street, San Diego, CA 92104</u>

***Thank you for giving back!***

*Proceeds will help support San Diego City College Cross Country programs and SDHS Cross Country.*