



Saturday, February 8, 2020

Patrick Henry High School

6702 Wandermere Drive, San Diego, CA 92120

All ages and abilities are welcome.

Pre-Registration by on www.Athletic.Net \$8.00 per event

Day of Event Registration \$10 per event & begins at 7:00am

Contact: Andrew Myette at
amyette@sandi.net

Event Schedule

Running Events

9:00am Thom Hunt 1 Mile Run
9:30am W-100 Hurdles (33")
M- 110 Hurdles (42")
10:00am M/W 400m
10:20am W 100M
10:35am M 100M
10:50am M/W 800M
11:15am M/W 1000 – 1 Heat
11:20am Kids 50 Meters
11:45am M/W 5000M
12:15pm M/W 4 x 400M Relay

Field Events – Begin at 9:00am

9:00am Pole Vault – Registration 7:30am
9:30am Discus
10:30am Shot Put
11:00am High Jump

*** 3/16 pyramid spikes are the only spikes worn on Patrick Henry's track & field**
Automatic timing will be provided.

*** Field Events - *Begin at 9:00am***