

San Diego RoadRunners



Development Youth Track Meet

- Date:** March 26th 2016
- Starting Time:** **8:00AM Field and Running Events**
(First call 7:30 A.M., for both track and field events)
- Location:** Orange Glen High School
2200 Glenridge Rd.
Escondido, Ca 92027
- Registration:** All entries must be entered on www.coacho.com starting **March 5th** & will
Close on Thursday March 24th at **11:00 PM**
- Concession:** A full concessions will be available
- Package Pick-up:** At the Concessions Stand
- Meet Directors:** Mike Mena
David Lay
Email address: sdrrxc@gmail.com
- Sanction:** This event is sanctioned by USATF San Diego Imperial
- Facility:** The track is a nine lane all weather surface, including the long and high jump approaches. Two shot put rings and one discus ring; 2 long jump pits and one high jump pit. **Only 3/16 needle spikes are the maximum allowed.**
All spikes will be checked for the appropriate spikes and athletes not wearing the 3/16 needle spikes will not be permitted to compete. There is no refund for athletes missing their event due to inappropriate spikes.
Canopies are restricted to the top rows only, please secure them.
- Warm-up Area:** The warm-up area is reserved for athletes & coaches only, we will hand out three wristbands per team, no parents allowed in the in field
- Entry Fees:** \$ 7.00 per athlete Entry fees must be paid before the athlete competes.
Clubs please pay by club check, money order or cash
Unattached must pay in cash, clubs may pay the day of the meet when they pick up their package, or they may mail their entry fees to:
San Diego RoadRunners, 2700 E Valley Pkwy #249, Escondido, 9202

First Aid: First Aid will be available and located in a designated area.

Age Divisions: 8 & ↓2008 & later
9 – 102006 – 2007
11 – 122004 – 2005
13 – 142002 – 2003
15 – 162000 – 2001

Event Limitations: 8 & ↓, 9 – 10, 11 – 12 are limited to **three** events only.
13 – 14, 15 – 16 are limited to **four** events

Awards: Ribbons will be given to the top 9 finishers and handed out at next meet
Plus participant’s ribbons will be given to all athletes which will be in team packet

Check-in: All participants in the running events will check in with the clerk of the course prior to their event. Field event participants must report to the location of that event and check in directly with the official in charge

NO WRITE IN ATHLETES WILL BE PERMITTED IN ANY EVENTS

Running Events: Report to the clerk when the event is called. Two calls will be given for each event. Athletes in running events must report to the clerk of the course, ready to compete, and stay in the area. Field event athletes must report directly to the official in charge of their field event, before leaving to report to the clerk for their running event. Athletes must report back to their field event within 5 minutes of completion of their running event.

Field Events: Report directly to that event when the event is called. Two calls will be given for each event. All athletes will be given four attempts. **No other jumps after those attempts;** all measurements are in metric.

Coaches Meeting: **7:45** A.M. will be held in the center of the infield

Community: Teams are asked to please police their area and clean up behind themselves. Coaches please request your parents and athletes to be on their best behavior (as always). Anyone displaying threatening or inappropriate behavior will be removed from the facility.

Meet Results: Meet results will be provided On-Line at www.sdusatf.org/youth

We will be using Automatic Timing

San Diego



RoadRunners

Schedule of Events

Track Events – First Call 7:30 a.m. Track Events – Start Time 8:00 a.m.

RUNNING EVENTS:

1. 1500 m Run
2. 80 Meter Hurdles
3. 100 Meter Hurdles
4. 4 x 100 Relay
5. 800 Meters
6. 1500 Race Walk
7. 100 Meters
8. 4 x 400 Relay

DIVISIONS:

All Divisions
11 – 12
13 – 14
All Divisions
All Divisions
All Divisions
All Divisions
All Divisions

Field Event – First Call 7:30 a.m. Field Events – Start Time 8:00 a.m.

Competitors must check in at the field event site

Long Jump 8 & ↓G, 8 & ↓B, 9/10G, 9/10B, 11/12G, 11/12B
13/14B, 15/16G, 15/16B

(Two pits will be used)

Mini Javelin 9/10G, 9/10B, 11/12G, 11/12B, 8 & ↓G, 8 & ↓B

Discus 11/12G, 11/12B, 13/14G, 13/14B, 15/16G, 15/16B

High Jump 15/16G, 15/16B, 9/10G,9/10B,13/14G,13/14G,11/12G,11/12B

SPECIAL NOTE:

**NO PEANUTS OR SUNFLOWERS SEEDS ALLOWED IN STADIUM.
NO FOOD OR GATORADE ALLOWED ON THE INFIELD. WATER ONLY
NO PETS ARE ALLOWED IN THE STADIUM
NO SMOKING IS ALLOWED IN THE STADIUM**