



International Friendship Games Track & Field Meet

Sponsored by the City of Chula Vista in partnership with
The Youth Committee of USATF San Diego Imperial Association

REVISED 5/29/13@ 8:40PM

- Date:** Saturday, June 1, 2013
- Time:** Opening Ceremony 10:00A.M. Meet Competition Approximately 10:30 A.M.
- Place:** Mater Dei Catholic High School
1615 Mater Dei Drive, Chula Vista, CA 91913
- Co Meet Directors:** Michael Adkins, 619.871.6836, youth@sdusatf.org
Elizabeth Tate, 619.635.7925, flojo99@cox.net
- Meet Sanction:** USATF – San Diego Imperial Association
- Packet Pick-up:** 9:15AM to 10:00AM at the Finish Line
- Facility:** Running events will be conducted on an eight lane all weather surface. The maximum spike requirement is **3/16” for all running and field areas**. Spikes are subject to inspection by meet management. Competitors who do not have the proper spikes will not be permitted to compete. No refunds will be given to teams or athletes who are unable to compete due to improper spikes. Canopies are restricted to the top rows of the stadium and must be secured for safety purposes.
- Age Group Divisions:** Competition will be held in two-year age group divisions according to year of birth as defined by USATF.

8 and under	(2005 & Later)
9-10 year old	(2003 – 2004),
11-12 year old	(2001 – 2002)
13-14 year old	(1999 – 2000)
15 -16 year old	(1997 – 1998),
17-18 year old	(1995 – 1996)



- Entry Fee:** \$3.00 per athlete. Entry fee is due and payable at the time of packet pick-up. Entry fee must be paid in cash or youth club/team check. No personal checks accepted. Unattached athletes must pay in cash. A wristband will be provided to these athletes and must be worn during competition.
- Entry Limitation:** 8 and under thru 11-12 age divisions may compete in a maximum of three events. 13 – 14 thru 17-18 age divisions may compete in a maximum of four events.
- Entry Process:** All entries must be submitted online at www.coacho.com. Entries must be received by **9:30AM on Friday, May 31, 2013**. Coaches and unattached athletes please review entry(s) and make any changes prior to the deadline. **Same day entry changes for registered athletes only will be permitted under the following conditions:** 1) Lane assignment or heat/flight subject to availability and meet management discretion 2) \$3 cash payment per event must be paid prior to competition and 3) Event limitations noted above will be enforced.
- Awards:** Ribbons will be awarded to places 1st – 8th. Overall finish in heats/flights determines placement. In addition to awards, participants will receive complimentary items (e.g. tee shirt, goodie bag, etc.) compliments of the City of Chula Vista and event sponsors.
- Meet Results:** Results will be posted at the meet. All registered clubs/teams will receive the final results by email. Meet results will be posted on the youth page of the USATF-San Diego Imperial Association's website. Visit www.sdusatf.org for full results.
- Results will reflect fully automated timing for running events and distances measured in meters.
- Event Website:** The website for this event is www.ifgchulavista.com .
- Coaches Meeting:** A meeting of club coaches and unattached athletes will be held at 9:30A.M. on the infield.
- Concession:** A concession stand will not be operational for this meet. However, all athletes and coaches will be fed by IFG staff compliments of the City of Chula Vista.



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Running Event Order

110 Hurdles	15-16 boys, 17-18 boys
100 Hurdles	13-14 boys, 15-16 girls, 17-18 girls, 13-14 boys
80 Hurdles	11-12 girls, 11-12 boys
1500 Meters	All divisions starting with 8 & under girls
400 Meters	All divisions starting with 8 & under girls
100 Meters	All divisions starting with 8 & under girls
1500 Meter Race Walk	9-10 girls & boys, 11-12 girls & boys
3000 Meter Race Walk	13-14 girls & boys, 15-16 girls & boys, 17-18 girls & boys (Event combined with 1500 Race Walk)
4x100 Meter Relay	All divisions starting with 8 & under girls
800 Meters	All divisions starting with 8 & under girls
200 Meters	All divisions starting with 8 & under girls
4x400 Meter Relay	All divisions starting with 8 & under girls
3000 Meters	11 & 12 girls/boys through 17 & 18 young women/men (Event may be combined)

Field Event Order

(Throws & Jumps Limited to 3 Attempts)

Long Jump	8&Ug, 8&Ub, 13-14g, 13-14b, 11-12g, 11-12b, 15-16g, 15-16b, 9-10g, 9-10b, 17-18g, 17-18b
Mini Javelin	9-10g, 9-10b, 11-12g, 11-12b, 8&Ug, 8&Ub
Shot Put	13-14g, 13-14b, 8&Ug, 8&Ub, 9-10b, 9-10g, 11-12g, 11-12b, 15-16g, 15-16b, 17-18g, 17-18b
High Jump	13-14g, 13-14b, 15-16g, 15-16b, 17-18g, 17-18b, 9-10g, 9-10b, 11-12g, 11-12b
Discus	11-12g, 11-12b, 13-14g, 13-14b, 17-18g, 17-18b, 15-16g, 15-16b (Event will be contested at the conclusion of the Shot Put Competition)