

# Bylaws for the 2012 San Diego USATF Cross Country Series

<http://www.sdusatf.org/ldr.html>

March 2, 2012

## Races

\* Races and schedule for the San Diego USATF Cross Country Series will be determined by the San Diego USATF Association long run chairmen and the San Diego USATF Cross Country Series director.

\* An advisory committee may be formed to evaluate proposed races and provide recommendations on the series schedule.

## Series Entry

To enter the San Diego USATF Cross Country Series, runners must:

\* Be a current San Diego USATF member and resident no later than the start of the third race in the series.

\* Be listed on a team roster, or run and score in one of the first 3 races, or contact the series director no later than the third race if unable to run one of the first 3 races.

\* There is no entry fee for the series (of course, you still must pay to enter the individual races).

\* Athletes with high school or college eligibility are not eligible for team competition or cash awards.

## Awards

\* The winners of each major age division for both Men and Women will earn San Diego USATF Cross Country Series Leader singlet at the Championships race.

\* Runners who complete all races will be recognized as Iron Dogs.

\* Cash awards will be presented to the highest scoring individual runners and teams. Depth and amount of awards will depend upon series sponsorship.

\* Every event director is to donate \$100 back to USATF San Diego Association.

## San Diego USATF membership

\* San Diego USATF membership will be determined by downloading the San Diego Association membership list from the USATF database on the day of each race through the third race. Membership application (whether by mail, delivery to the Association office, or on-line) must be completed in sufficient time for processing prior to downloading the roster. For information on joining USATF, or to check membership status, visit the Membership Page ([www.usatf.org/membership/](http://www.usatf.org/membership/)). Runners not listed on the membership list will not score in the race except that applications may be taken at some series races; competitors should not depend on this.

\* Registration in a different USATF association must be transferred to the San Diego Association prior to being eligible to score in the series. The runner must coordinate and complete the transfer with USATF prior to the third race (send transfer request to [membership@usatf.org](mailto:membership@usatf.org)).

\* Runners are responsible for accuracy of data in the USATF database, including name, age, and association. Incorrect data leading to scoring errors may be cause for disqualification.

## Individual Scoring

\* There are five divisions each for men and women: 39 & under, 40-49, 50-59, 60-69, 70 & over.

\* A runner's division for the series is determined by his or her age on the date of the Championship races (November 2012 – date to be confirmed). For example, a runner turning 40 on November 1, 2011 would compete as a 40-year-old for series scoring purposes for the entire series.

\* Scoring for all divisions will be on a 100-90-81-73-66-59-53-48-43-39-35-32-29-26-23-21-19-17-15-basis for all races except the Championship.

\* The point value of the Championship is doubled, plus an additional one-point finisher (200-180-162...8-6-4-2-1).

\* Runners must run and score in at least two races in the San Diego USATF Cross Country Series plus the Championship to be eligible for awards.

\* A runner's total score for the series will be the score for the Championship plus the three best scores in other series races.

## Team Scoring

\* Team competition will be scored in accordance with the Rules of Competition, Rules 7.6 and 7.9, scoring by place. For men's open teams, the first five declared members of each team shall count in that team's score. For women's open teams and men's 40+ teams, the first four declared members of each team

shall count in that team's score. For women's 40+ teams, men's 50+ teams, and women's 50+ teams, the first three declared members of each team shall count in that team's score. For both men's and women's teams, a maximum of eight runners may displace. Runners of incomplete teams will displace provided that the team could have scored as a complete team had all eligible runners shown for the race. The following is from Rules 7.6 and 7.9:

- o The team score shall be the total of the finishing positions of the scoring members. The team with the lowest total points is the team winner.

- o Team entries not declared eligible for team scoring, and unattached or individual competitors will be eliminated from team scoring. Non-scoring declared members of complete teams shall retain their finishing positions and thereby displace other runners.

- o When separate competitions are conducted simultaneously, each shall be scored independently. Runners on teams not eligible for a given competition will be eliminated from team scoring in that competition.

- o In the event of a tie between two or more individual runners, each shall score the number of points determined by dividing the total of the finish places by the number of runners who have tied.

- o Ties between two or more teams shall be resolved by determining which team's last scoring member finished nearest to first place. If the tie still exists, the next to last scoring members are compared in the same way, etc.

- \* Each team must be a current member and resident of San Diego USATF. To check membership statuses visit the USATF Club Membership page.

- \* Each team member must meet the requirements for individual scoring listed above. If an individual does not meet the individual scoring requirements above (including running and scoring in at least two races in the San Diego USATF Cross Country Series plus the Championship) they will not be scored for their team for the championship race.

- \* Team members must be declared to the series director or results coordinator in writing before each race.

- \* Team members may be added to or deleted from rosters through the start of the third race event, but not later. Runners not registered with San Diego USATF by this date will be ineligible. Teams without enough eligible runners on their roster to score will be ineligible.

- \* There are three divisions each for men and women's teams: Open, 40+, and 50+ based on ages as of the Championship race.

- \* A member club may form an "A" team and a "B" team in any division and maintain a roster for each.

- \* Runners may only be on one team. Runners age 50 and over may compete in any team division.

Runners age 40 – 49 may compete in either the open or 40+ team division.

- \* Teams will score on a 20-14-10-7-5-4-3-2-1 basis for all races except the Championship.

- \* The point value of the Championship is doubled, plus an additional one-point finisher (40-28-20-14-10-8-6-4-2-1).

- \* A team's total score for the series will be the score for the Championship plus the three best scores in other series races.

- \* Highest scores win. Higher placing in the Championship race will break ties.

- \* The Board of Directors of San Diego USATF will name a Jury of Appeal to resolve appeals of protests. Appeals must be raised to the series director within 72 hours of posting the results.

#### Individual and Team Scoring for Masters Division Races

- \* If a series race contests masters divisions in a separate race, a runner who is 39 on race date but will turn 40 by the date of the championship race must race with other masters in the Masters Division race in order to be eligible for individual scoring.

[Special one time exception to this rule: The 2012 Ursula Rains Balboa Boogie will serve as the USATF National Championship Race for masters runners. So a runner who is 39 on this race date will not be able to run in the masters division. A 39 year old runner, turning 40 by the series Championship Race, will be scored based on where their time in the open division race would have finished in the masters division race].

- \* Masters division runners who are competing on an open division team will be scored in the team competition based on where their time in the masters division race would have finished in the open division race.

- \* Runners under age 40 (based on age on the date of the championship race) must run with other open division runners in the Open Division race in order to be eligible for either individual or team scoring.

Call the series director Paul Greer at (858)573-1500 for series information.