



# USATF LDR REPORT

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APRIL 2017

## Upcoming Events:

Apr. 25 USATF 1 Mile Road Championships  
Apr. 29 USATF Half Marathon Championships  
Apr. 30 USATF Masters 10 km Championships  
May 7 USATF Masters Half Marathon Championship  
May 13 USATF 25K Championship

## From the Desk of the Chair, Mike Scott

While winter turned became spring in March, the international cross country season came to an end at the IAAF Cross Country Championships in Uganda while the spring road racing season heats up.

Be sure to check out our full slate of USATF Long Distance Running championships at [USATF.org](http://USATF.org).

## Men's / Women's LDR Report

Competitive fields led to fast times and close finishes Saturday, as Olympian Leonard Korir and Jordan Hasay continued their strong 2017 campaigns with big victories at the USATF 15 km Championships in Jacksonville, Florida, hosted by the Gate River Run. The USATF 15 km Championship was the second stop on the 2017 USATF Running Circuit. Next up on the circuit, the USATF 1 Mile Road Championships take place in Des Moines, Ia. on April 25.

## Masters LDR Report

Mary V Rosado attended the Running USA conference on February 26 through February 28. It was a great opportunity to meet many of the sports industry stakeholders. She took the opportunity to speak to some of the organizers of the big name marathons as the committee seeks to add a marathon to its 2018 and 2019 Grand Prix calendars.

## Mountain/Ultra/Trail (MUT) Report

Our final selection race for the US Team to the

IAU/ITRA Trail Championships was held on March 18, 2017 with the Chuckanut 50km. Team selection is underway for the World Long Distance Mountain Running Championships and the Youth International Challenge (for 16-17 year olds).

Additionally, the USATF 24 Hour Team to be named by April 5. April 8 is the date of our fourth USATF MUT Championships, the USATF 100km Championship. Other championships to date have been the USATF 100km Trail, the USATF 100 Mile Trail, and the USATF 50km Road.

The USATF Mountain Running Championships will be held June 3, at Cranmore Mountain Resort and will also serve as the sole selection race for the US Mountain Team (seniors) where the top 4 US men and top 4 US women will earn auto berths to the team.

Richard Bolt and Nancy Hobbs attended the recent (March 9-11) RRCA Annual Convention (on behalf of ATRA) and enjoyed informative sessions and networking opportunities. Bolt and Hobbs presented a session on trail, mountain, and ultrarunning. USATF had a presence from the Associations Committee (led by Steve Viatones, New England USATF).

## Cross Country Report

The USA National Team hosted the NACAC Cross Country Championships on Saturday, March 4 in Boca Rotan, Florida. Both men's and women's Senior and Junior (under 20) teams competed. The first race of the day was the U20 Women. The USA ladies finished second behind an extremely strong Canada team. Top finishers for the US in the 5k race were Aubrey Roberts in 7th, closely followed by Logan Morris in 8th.

Team USA got their first victory of the day in the U20 Men's 6k race. The US team easily won with a team score of 25 points. Depth proved to be the deciding factor as the team packed all four of their scorers between 4th and 8th place. Justin Janke, Aiden Reed, Isaac Harding and Nicholas Rink made up the winning men's squad.

The closest race of the day was the Senior Women's 8k race. Team USA went head to head with Team Canada with both teams taking half of the top eight places. After the dust settled the score was a tie with both teams at 18 points. The tie was broken by the 4th runner, which was won by Canada. Amy Van Alstine and Megan Rolland lead the way with 2nd and 3rd place finishers. The USA's Bridgett Lyons finished 5th and Katrina Spratford finished 8th to complete the scoring.

The most dominant victory of the day came in the Senior Men's race. The USA men swept to the top five places, scoring a perfect 10 points with their top four. Earning the victory was Abbabiya Simbasa, who ran a blazing 22:40 over the 8k distance. Augustus Maiyo, Joseph Gray, Scott Fauble, and Jonathan Grey completed the top 5 places.

The IAAF Cross Country page included a nice article on Deena Kastor which can be found here: <https://www.iaaf.org/news/series/world-cross-country-deena-kastorusa>.

Sam Chelanga's 11th place finish in the senior men's race was the top individual showing by Team USA at the IAAF World Cross Country Championships at the Kololo Independence Grounds Sunday. Chelanga finished in a time of 29:13. For finishing inside the top 15, Chelanga earned an automatic IAAF qualifying standard in the 10,000m for this summer's IAAF World Championships, provided he makes the U.S. team in that event.

In a close battle for the medals, Team USA's senior men finished fifth with a final team score of 78

points, as Ethiopia won with a low score of 21. In the senior women's 10 km,

USATF champion Aliphine Tuliamuk finished 15th to earn an automatic qualifying standard to this summer's IAAF World Championships in London, finishing in 33:43. Like Chelanga, she also must make the U.S. team in the 10,000m at the USATF Outdoor Championships in Sacramento. Her finish led Team USA to a surprising fifth place team finish, as they scored 90 points.

The day of racing opened with the first ever 4 x 2k mixed relay, as the team of Cory Leslie, Eleanor Fulton, Marisa Howard, and Olympic 5000m silver medalist Paul Chelimo finished sixth 24:08.

Team USA's under-20 men's squad finished ninth over the 8k distance with 189 points, led by Paul Roberts' 33rd place finish in 25:31. Aidan Reed was 46th in 25:55, followed by Hamza Ali in 52nd in 26:14. Alex Haines was 58th in 26:28 to round out the scorers. Isaac Harding was 61st in 26:37, while Gavin Parpart was 86th in 27:55.

Team USA's under-20 women's squad finished 12th with a final score of 212 points. USATF champion Michelle Magnani led the team with her 37th place finish over the 6k course in a time of 21:32. She was followed by Logan Morris in 45th place in 21:58. Aubrey Roberts was 56th in 22:18, followed by Madison Fruchey in 74th in a time of 22:54 to round out the scorers.

### **Road Running Technical Council Report**

None submitted

### **Athletes Report**

USADA Webinars.

<https://attendee.gotowebinar.com/register/525823122968110593>

April 12, 2016 8 PM EST Global Drug Reference Online/ Therapeutic Use Exemptions Later

July 5, 2016 8 PM EST TrueSport/ Youth Anti-Doping  
Measures

October 25, 2016 8PM EST Supplements

**From the Board**

Fred Finke has responded to a request for national office contacts for committees. Please find this directly attached this this months newsletter.

# USATF National Office Committee Contacts

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