

**Cardiff Kook 10K (Cardiff-by-the-Sea, CA)**  
**February 5, 2017**  
**Race 1 of 2017 San Diego USATF Road Series**



Race	Place	BIB	Name	M/ F	Age	Gun Elapsed	Chip Elapsed	Pace	Team	Team Div	USATF	Series Points
<b>Open Men</b>												
ELITE 10K	4	1019	CARL DARGITZ	M	29	0:31:19	0:31:20	5:03	Prado Racing Team	Open	1405860980	10
ELITE 10K	5	6	NICK SCARPELLO	M	24	0:31:29	0:31:29	5:04	Prado Racing Team	Open	1407584604	8
ELITE 10K	6	1001	MARCO ANZURES	M	28	0:31:54	0:31:54	5:08	Balboa Track Club	Open	1405782333	6
ELITE 10K	8	1023	DEREK BRADLEY	M	36	0:32:51	0:32:52	5:18	Prado Racing Team	Open	1405717230	5
10K	2	983	KOSUKE AMANO	M	32	0:33:05	0:33:05	5:20	San Diego Track Club	Open	1405164623	4
10K	3	335	CONOR BRANDT	M	23	0:33:18	0:33:05	5:20	Balboa Track Club	Open	1609282205	3
10K	4	1253	THOMAS WHITCOMB	M	30	0:33:27	0:33:27	5:23	Prado Racing Team	Open	1405122274	2
10K	7	997	CHARLIE GAMBLE	M	29	0:34:03	0:34:03	5:29	San Diego Track Club	Open	1405712868	1
ELITE 10K	12	1021	CHARLES MCKEOWN	M	34	0:34:35	0:34:35	5:34	Prado Racing Team		1402388035	1
ELITE 10K	15	14	RORY GOLDEN	M	32	0:34:49	0:34:49	5:36	boom RUNNING	Open	1408077343	1
10K	9	1084	ALEX SAMARIN	M	30	0:34:56	0:34:56	5:38	San Diego Track Club	Open	1406855252	1
ELITE 10K	18	1026	KEVIN SORRELL	M	29	0:35:15	0:35:15	5:41	Prado Racing Team		1502432907	1
10K	12	325	KEVIN BLOUNT	M	31	0:36:21	0:36:09	5:49	Balboa Track Club		1609282031	1
10K	33	1217	CHRIS MORELAND	M	34	0:38:13	0:38:13	6:09	San Diego Track Club		1609264989	1
10K	55	79	JEREMY CROSSLEY	M	36	0:40:43	0:40:30	6:31	San Diego Track Club		1508358320	1
<b>Open Women</b>												
10K	11	436	MERIAH EARLE	F	38	0:35:44	0:35:44	5:45	San Diego Track Club	Open	1608863195	10
ELITE 10K	20	10	ERIN MENEFFEE	F	24	0:35:58	0:35:59	5:48	Prado Racing Team	Open	1608730386	8
10K	14	315	CORTNEY BERLING	F	27	0:36:41	0:36:41	5:55	Prado Racing Team	Open	1608835359	6
ELITE 10K	26	1003	JULIE SAWYER	F	33	0:36:45	0:36:46	5:55	Prado Racing Team	Open	1407227469	5
ELITE 10K	27	13	JENN SANTA MARIA	F	38	0:36:47	0:36:48	5:56	boom RUNNING	Open	1403258419	4
10K	22	1245	NOELLE RYSELBERGH	F	25	0:37:19	0:37:19	6:01	Prado Racing Team	Open	1508399407	3
ELITE 10K	29	1034	ERICA SCHOELLER	F	32	0:37:19	0:37:20	6:01	boom RUNNING	Open	1407969961	2
ELITE 10K	34	617	MEGAN LIZOTTE	F	33	0:38:01	0:38:01	6:08			1709425084	1
10K	36	482	KRISTI GAYAGOY	F	27	0:39:02	0:39:02	6:17	boom RUNNING	Open	1407824372	1
ELITE 10K	40	1002	KIMBERLY HICKS	F	39	0:39:11	0:39:11	6:19			1508333596	1
ELITE 10K	41	1010	STEFANIE FLYNN	F	32	0:39:16	0:39:15	6:19	San Diego Track Club	Open	1408072971	1
ELITE 10K	46	1004	MEGHAN NICOLA	F	32	0:41:32	0:41:30	6:41	San Diego Track Club	Open	1709431512	1
10K	131	242	KELLY SZKLANY	F	35	0:46:12	0:45:41	7:22	San Diego Track Club	Open	1609273626	1
<b>Masters Men</b>												
ELITE 10K	14	1027	KEVIN ZIMMER	M	54	0:34:43	0:34:43	5:36	Prado Racing Team	40+	1408071445	89.5
ELITE 10K	28	1025	JEFF CREIGHTON	M	53	0:37:13	0:37:13	6:00	Prado Racing Team	40+	1408074597	82.8
ELITE 10K	11	1024	JASON BATTERSON	M	41	0:34:31	0:34:31	5:34	Prado Racing Team	40+	1608940910	80.9
ELITE 10K	31	844	MARC SOSNOWSKI	M	49	0:37:25	0:37:25	6:02	Prado Racing Team	40+	1508688528	79.6
10K	98	55	RICK BUSHORE	M	64	0:44:47	0:44:25	7:09	San Diego Track Club		1407469749	76.0
10K	26	987	TOM BACHE	M	44	0:37:50	0:37:50	6:06	San Diego Track Club	Open	1402974693	75.5
10K	125	26	GREGORY AARONS	M	64	0:45:49	0:45:28	7:20	San Diego Track Club		1608920623	74.3
10K	129	475	MARC FROMMER	M	64	0:46:00	0:45:39	7:21	San Diego Track Club		1608758163	74.0
10K	619	915	RICHARD WILLIAMS	M	81	1:02:17	1:01:35	9:55			1404154237	70.6
10K	71	60	IVAN CARLOS	M	46	0:42:32	0:42:15	6:48			1508690813	68.3
10K	50	777	RANDY RAY	M	40	0:40:37	0:40:23	6:30			1608828354	68.2
10K	384	238	PETER STERN	M	72	0:55:00	0:54:38	8:48	San Diego Track Club		1402627002	67.3
10K	265	250	DAN TRONE	M	57	0:51:04	0:50:42	8:10	San Diego Track Club		1501275679	62.5
10K	877	232	BENJAMIN SPOWART	M	61	1:13:25	1:12:07	11:37	San Diego Track Club		1608763700	45.0
<b>Masters Women</b>												

ELITE 10K	37	1018	AMY HALSETH	F	47	0:38:28	0:38:27	6:12	Prado Racing Team		1405131697	86.0
ELITE 10K	23	11	HILARY CORNO	F	41	0:36:35	0:36:35	5:54	Prado Racing Team		1405153535	85.9
10K	56	1282	CELESTINE ARAMBULO	F	47	0:40:51	0:40:51	6:35			1406014090	81.0
ELITE 10K	44	1020	CHARISA WERNICK	F	40	0:40:55	0:40:54	6:35	Prado Racing Team		1604073427	76.3
10K	157	95	ELLEN FLEISCHMAN	F	54	0:47:16	0:46:55	7:34	San Diego Track Club		1609266042	76.1
10K	319	51	TINA BREEN	F	60	0:53:15	0:52:35	8:29	San Diego Track Club		1404063248	73.0
10K	620	952	MANYA HULT	F	71	1:03:28	1:01:37	9:56	San Diego Track Club		1408040416	71.9
10K	696	916	JANE WILLIAMS	F	69	1:04:45	1:04:02	10:19			1404154245	68.3
10K	513	956	KATHY LINENBERGER	F	58	0:58:48	0:58:13	9:23	San Diego Track Club		1609062185	64.4
10K	618	233	MYRTLE SPOWART	F	63	1:02:53	1:01:34	9:55	San Diego Track Club		1408078127	64.4
10K	844	28	AMY ALLEN	F	71	1:12:19	1:10:16	11:20			1604171445	63.1
10K	379	199	SUMMER PRETZER	F	41	0:55:03	0:54:29	8:47	San Diego Track Club		1609278450	57.1
10K	919	122	BETH HOPE	F	59	1:17:33	1:17:11	12:26	San Diego Track Club		1407726973	49.4
<b>Team Results</b>						1st	2nd	3rd	Team Total Time			
Open Men	Prado Racing Team					0:31:20	0:31:29	0:32:52	1:35:41			10
Open Men	Balboa Track Club					0:31:54	0:33:05	0:36:09	1:41:08			8
Open Men	San Diego Track Club					0:33:05	0:34:03	0:34:56	1:42:04			6
Open Women	Prado Racing Team					0:35:59	0:36:41	0:36:45	1:49:25			10
Open Women	boom RUNNING					0:36:48	0:37:20	0:39:02	1:53:10			8
Open Women	San Diego Track Club					0:35:44	0:39:15	0:41:30	1:56:29			6
40+ Men	Prado Racing Team					0:34:31	0:34:43	0:37:13	1:46:27			10
40+ Women	Prado Racing Team					0:36:35	0:38:28	0:40:55	1:55:58			10
<p>Note: Series points for open division is based on place. Series points for masters division is based on WMA Age-Grade.</p> <p>Series entrants must be members of the USATF San Diego association and include USATF number on race entry.</p> <p>Up to 5 team members must be reported to series director by Wednesday prior to race.</p>												