



San Diego City College Winter All-Comers Track & Field Meet

Saturday, February 9th, 2019
at Balboa Stadium



*Meet #3 of the USATF San Diego Association
Summer Nights T&F Series
This meet is sanctioned by USA Track & Field (USATF)*

Track Opens 7:00am – Enter at the West gate closest to the high school.

Rolling schedule in effect – all times approximate. Women's heats run first followed by the men.

Field Event Schedule
8:00am – Shot Put (M/W)
8:30am – Long Jump (M/W)
9:00am – FREE Kids Javelin (ages 5-12)
North end of soccer field.

Track Event Schedule
8:00am – Mile (W)
8:15am – Mile (M)
8:30am – 60m (W)
8:40am – 60m (M)
9:00am – 600m (W)
9:10am – 600m (M)
9:25am – 3000m (M & W)
9:45am – 300m (W)
9:55am – 300m (M)

Location Balboa Stadium
1405 Park Blvd
San Diego, CA 92101

Free Parking Available all around the stadium.

Entrance Enter the stadium on the West end / home side nearest the high school.

Contact Information

Meet Director: Marco Anzures
manzures@sdccd.edu

Proceeds will help support San Diego City College Women's and Men's Cross Country programs and SDHS Cross Country

ALL ages and abilities welcome!

PLEASE PRE-REGISTER ONLINE!

Deadline is Wed, February 6th, at midnight.
www.Athletic.net

Pre-Registration: \$7.00 per event online with a one-time processing fee of \$3.00

Meet Day Registration: \$15.00 per event

***9 lane all-weather track
Full Automatic Timing (FAT) with wind readings.***

Three (3) jumps/throws per entrant

**Please bring your own throwing implements
– especially Masters competitors.**