



2018 USATF San Diego-Imperial/Road Runner Sports Dirt Dogs Cross Country Series

<u>Date</u>	<u>Event/Time</u>	<u>Location / Contact</u>
Sat. Aug 18:	13 th Annual Wild Duck 5K (Masters) 7:45am; (Open) 8:30am	Guajome Park Joe Crosswhite: (760) 723-3257 joecrosswhite983@roadrunner.com
Sat. Sept 1:	54 th Annual Balboa 4-Miler (Masters) 7:30am; (Open) 8:20am	Balboa Park Paul Baumhoefner: (619) 200-4792 paulbaumhoefner@gmail.com
Sat. Sept 15:	1 st Annual Perros Bravos 10K (Open and Masters), 7:30am	Sweetwater Regional Park Andrea Guzman & Juan Castro: (310) 612-2811 perrosbravosclub@yahoo.com
Sat. Sept 22:	4 th Annual Crazy 8's 5K (Masters) 7:15am; (Open) 8:00am	Rancho Bernardo Park Joe Crosswhite: (760) 723-3257 joecrosswhite983@roadrunner.com
Sat. Oct 6:	53 rd Ursula Rains Balboa Boogie 5K (Masters) 8:00am; (Open) 8:45am	Morley Field Nancy Morris: (619) 743-3144 nancybmorris@sbcglobal.net
Sat. Oct 27:	17 th Annual Cuyamaca College 6K (Open and Masters) 8:00am	Lindo Lake Park Patrick Thiss: (619) 660-4518 patrick.thiss@gcccd.edu
Sun Nov 11:	18 th USATF Cross Country Championship 8K/6K (Men's 8K) 8:00am; (Women's 6K) 9:00am	Mission Bay Ian Cumming: (619) 370-9866 icumming@sdccd.edu

Other Opportunities to Compete In Cross Country:

USATF National Club Cross Country Championships
Saturday, December 8th at Spokane, WA