



## 2017 USATF San Diego-Imperial/Movin Shoes “Dirt Dog” Cross Country Series

<u>Date</u>	<u>Event/Time</u>	<u>Location / Contact</u>
Sat. Aug 19:	12 <sup>th</sup> Wild Duck 5K (Masters) 7:45am; (Open) 8:30am	Guajome Park Joe Crosswhite (760) 723-3257 <a href="mailto:joecrosswhite983@roadrunner.com">joecrosswhite983@roadrunner.com</a>
Sat. Sept 2:	53 <sup>rd</sup> Annual Balboa 4-Miler, (Masters) 7:30am; (Open) 8:20am	Balboa Park Paul Baumhoefner (619) 200-4792 <a href="mailto:paulbaumhoefner@gmail.com">paulbaumhoefner@gmail.com</a>
Sat. Sept 16:	Bonita 8K Stampede (Open and Masters), 8:00am	Sweetwater Regional Park Jane Aitchison: (949)636-1528 <a href="mailto:Bonita_rr@yahoo.com">Bonita_rr@yahoo.com</a>
Sat. Sept 23:	3 <sup>rd</sup> Crazy 8's 5K (Masters) 7:15am; (Open) 8:00am	Rancho Bernardo Park Joe Crosswhite (760) 723-3257 <a href="mailto:joecrosswhite983@roadrunner.com">joecrosswhite983@roadrunner.com</a>
Sat. Oct 7:	11 <sup>th</sup> Cougar Challenge 8K/5K (Women's Open and Masters 5K) 8:30am (Men's Open and Masters 8K) 9:00am	Cal State San Marcos Steve Scott: (760)750-7105 <a href="mailto:sscott@csusm.edu">sscott@csusm.edu</a>
Sat. Oct 14:	52 <sup>nd</sup> Ursula Rains Balboa Boogie 5K (Masters) 8:00am; (Open) 8:45am	Morley Field Nancy Morris (619)743-3144 <a href="mailto:nancybmorris@sbcglobal.net">nancybmorris@sbcglobal.net</a>
Sat. Oct 28:	16 <sup>th</sup> Cuyamaca College 6K (Open and Masters) 8:00am	Lindo Lake Park Patrick Thiss (619)660-4518 <a href="mailto:patrick.thiss@gcccd.edu">patrick.thiss@gcccd.edu</a>
Sun Nov 12:	17 <sup>th</sup> USATF Cross Country Championship 6K/8K (Women 6K) 8:00am; (Men 8K) 9:00am	Mission Bay Paul Greer (619)388-3704 <a href="mailto:pauliegreer@gmail.com">pauliegreer@gmail.com</a>