

HAVOC TRACK CLUB



Development Youth Track Meet

- Date:** March 30, 2019
- Starting Time:** 8:00 AM Field Events/8:30 AM Running Events (First call 7:30 A.M. field events/First Call 8:00A.M. Running Events)
- Location:** Madison High School
4833 Doliva Dr.
San Diego, Ca 92117
- Registration:** All entries must be entered on www.athletic.net starting March 10th and will close on Thursday, March 28th at 11:00 PM
- Concession:** A full concessions will be available.
- Package Pick-Up:** Check-in Table next to the track
- Meet Director:** Lorne Hampton
- Assistant Meet Director:** Haneef Shaheed
- Contact Email:** Havocf@yahoo.com
- Sanction:** This event is sanctioned by USATF San Diego Imperial
- Facility:** The track is a nine lane all weather surface, including the long and high jump approaches. One shot put rings; 2 long jump pits, and one high jump pit.
Only 3/16 needle spikes are the maximum allowed.
All spikes will be checked for the appropriate spikes and athletes not wearing the 3/16 needle spikes will not be permitted to compete. There is no refund for athletes missing their event due to inappropriate spikes.
- Warm up Area:** Warm up area is located on the football field
- Entry Fees:** \$ 9.00 per athlete. Entry fees must be paid before the athlete competes. Clubs may pay by club check, money order or cash. Clubs may pay the day of the meet when they pick up their package. Cash only accepted for unattached athletes and must be paid prior to the start of the meet.



- First Aid:** First Aid will be available and located in a designated area
- Age Divisions:**
- 6 & Under.....2013-2014
 - 7--82011-2013
 - 9--102009 – 2010
 - 11 – 122007 – 2008
 - 13 – 142005 – 2006
 - 15 – 162003 – 2004
- Event Limitations:** 6&Under, 7-8, 9-10,11-12 are limited to three events only.
13 – 14, 15 – 16 are limited to four events
- Awards:** Ribbons for top 9 finishers
- Check-in:** All participants in the running events will check in with the clerk of the course prior to their event. Field event participants must report to the location of that event and check in directly with the official in charge.
- Running Events:** Report to the Clerk of the Course when the event is called. Two calls will be given for each event. Athletes in running events must report to the Clerk of the Course, ready to compete, and stay in the area.
- Field Events:** Report directly to that event when the event is called. Two calls will be given for each event. Athletes competing in a called running event must check with the official in charge before leaving to report to the Clerk of the Course. Athletes must report back to their field event within 5 minutes of completion of their running event. All athletes will be given four attempts. No other jumps after those attempts; all measurements are in metric.
- NO WRITE IN ATHLETES WILL BE PERMITTED IN ANY EVENTS**
- Community:**
- Teams are asked to please police their area and clean up behind themselves.
Please request your parents and athletes to be on their best behavior (as always). Anyone displaying threatening or inappropriate behavior will be removed from the facility.
- Meet Results:** Meet results will be provided On-Line at www.sdusatf.org/youth and athletic.net
- Additional Information:** This meet will have automatic timing. No pets, peanuts or sunflower seeds allowed in the Stadium. No food or sugary drinks are allowed on the infield (including Gatorade). Water only. Canopies must be secured on the top seating rows only.



Schedule of Events

Track Events – First Call 8:00 a.m. Track Events – Start Time 8:30 a.m.

RUNNING EVENTS:

- 1. 1500m Run**
- 2. 400 Meter Dash**
- 3. Race Walk 1500 M & 3000M**
Race Walk events will be combined
- 4. 100 Meter Dash**
- 5. 800 Meter Dash**
- 6. 4x100 Meter Relay**
- 7. 200 Meter Dash**
- 8. 800 Sprint Medley (100,100,200, 400)**

DIVISIONS:

- 7-8 through 15-16
- 9-10 through 15-16
- 11-12 through 15/16

- All Divisions
- 7-8 through 15-16
- All Divisions
- All Divisions
- All Divisions

FIELD EVENTS

Competitors must check in at the field event site

- | | |
|---|---|
| Long Jump
(Two pits will be used) | 6U,7/8,9/10,11/12,13/14,15/16 |
| High Jump | 11/12G, 11/12B, 13/14G,13/14B,9/10G,9/10B,15/16G,15/16B |
| Shot Put | 7/8B, 7/8G, 13/14G, 13/14B, 11/12G, 11/12B, 9/10G,
9/10B, 15/16G, 15/16B |