



# USATF San Diego-Imperial Association YOUTH CROSS COUNTRY SERIES

## San Diego RoadRunners Youth Cross Country Meet - 5K Race Kit Carson Park, Escondido



**USATF**  
SAN DIEGO



runningshirts®



gap in  
north-south  
chain link fence

concrete  
bridge

1 mi

dirt path

Castaneda Drive

snake  
sculpture

Park Drive

Start

Finish

Queen  
Califia's  
Sculpture  
Garden

long downhill

uphill

Roller Coaster  
Hill Loop

downhill

up

down

long uphill

dirt path

Eagle  
Scout Lake

Kit  
Carson  
Park

2 mi

Entrance Drive

Bear Valley Pkwy South

Fire Station

### 5K LEGEND

- BBQ Barbecue pit
- Creek (usually dry)
- Mile Marker
- Pedestrian Bridge
- Restroom
- Route - Start to 1 Mile
- Route - 1 Mi to 2 Mi
- Route - 2 Mi to End

NOT TO SCALE

### 5K route description:

After a grassy start, follow the Queen Califia dirt loop.

Following the loop, turn left and continue on dirt path turning left at sidewalk. Grass and partial pavement route continues under the snake sculpture along Park Drive.

Turn left at concrete bridge and then a right turn onto the grass area. Make a small counterclockwise loop going around the BBQ pit and then cross the road and return to dirt path.

Continue on the slightly downhill path past the start/finish area turning right to head into Roller Coaster Hill Loop.

After the Roller Coaster Hill Loop, continue on path and repeat the Snake Sculpture loop. After looping BBQ pit at north end of the course, go through gap in the chain link fence, and turn left to run along another dirt path. Turn right to run the Roller Coaster Hill Loop again, but in the opposite direction this time. Coming off the hill, make a right turn followed by left turn to grassy finish line.

Course Design: Mike Mena  
Map provided by the San Diego Track Club