

San Diego RoadRunners

CROSS COUNTRY MEET

**** SUNDAY, November 4th 2018 ****

MEET DIRECTOR: Jeanette Mena (760) 917- 8261

Email Address:

SCCRSD1@gmail.com

MEET LOCATION:

Kit Carson Park
3333 Bear Valley Parkway
Escondido, CA 92027

COURSE WALK: 7:00 A.M

This is a generally flat loop, run on dirt/sidewalk trails, grass, and with one medium size roller coaster type of hills (**Spikes are not recommended**)

START TIME: 8:15 A.M.

ENTRY FEES: \$7.00 per athlete

Fees must be paid in cash, certified funds, or club check. Make team checks or money orders payable to "SDRR".

NO PERSONAL CHECKS.

Day of Meet Registration will open at 6:45 am

REGISTRATION:

On-line at athletic.net

Closes @ 7:00 AM Friday November 2nd 2018.

AGE DIVISIONS:

8 - Under (born 2010 and later) – 2k run 1.20 miles (**Boys & Girls might be combined**)

9 & 10 (born 2008-2009) – 3k run (1.8 miles)

11 & 12 (born 2006-2007) – 3k run (1.8 miles)

13 & 14 (born 2004-2005) – 4k run (2.4 miles)

15 & 16 (born 2002-2003) – 4k run (2.4 miles)

DIRECTIONS:

Coming from the north, take the (I-5) south and exit on highway 78 east. merge onto ca-78 east toward Escondido, merge onto I-15 south toward San Diego (5 miles). take the W Via Rancho Parkway exit, turn right onto W Via Rancho Parkway. W Via Rancho Parkway becomes Bear Valley Parkway. You will see soccer fields on your left, pass San Pasqual High School on your right, turn left onto Kit Carson Park Rd. pass Escondido sport center on your left, turn right look for the large “snake” near the rest rooms

Coming from the South, take (I-15) North exit W.VIA RANCHO PKWY turn right follow directions above from this point on

AWARDS:

Metals to 1th thru 8th place runners and participant ribbons to all
*** There will be a Concessions Stand for Refreshments and Food **

