



# San Diego RoadRunners

## YOUTH CROSS COUNTRY MEET



**\*\* SUNDAY, November 8<sup>th</sup> 2015 \*\***

**MEET DIRECTOR:** Mike Mena (760) 917-9004

### **MEET LOCATION:**

**Kit Carson Park, 3333 Bear Valley Parkway, Escondido, Ca 92027**

### **COURSE WALK: 7:30 A.M**

This is a generally flat loop, run on dirt/sidewalk trails, grass, and with one medium size roller coaster type of hills  
**(Spikes are not recommended)**

### **START TIME: 8:30 A.M.**

### **ENTRY FEES: \$5.00 per athlete**

Must be paid in cash, certified funds, or club check. Make team checks /money orders payable to "SDRR".

### **NO PERSONAL CHECKS.**

**Day of Meet Registration will open at 6:30 am**

### **Pre- REGISTRATION:**

Please send on entries by no later than **November 6th, 2014.**

e-mail [sdrrxc@gmail.com](mailto:sdrrxc@gmail.com) Please note that early registration helps run a smoother and faster meet.

### **AGE DIVISIONS:**

**8 - Under** (born 2007 and later) – 2k run (**Boys & Girls might be combined**)

**9 – 10** (born 2005-2006) – 3k run

**11 – 12** (born 2003-2004) – 3k run

**13 -14** (born 2001-2002) – 4k run

**15 – 16** (born 1999-2000) - (Will run with Youth)

### **DIRECTIONS:**

**Coming from the north:** take the (I-5) south and exit on highway 78 east. Merge onto ca-78 east toward Escondido, merge onto I-15 south toward San Diego (5 miles). Take the W Via Rancho Parkway exit, turn right onto W Via Rancho Parkway. W Via Rancho Parkway becomes Bear Valley Parkway. You will see soccer fields on your left, pass San Pasqual High School on your right, turn left onto Kit Carson Park Rd. pass Escondido sport center on your left, turn right look for the large "snake" near the rest rooms

**From the South:** take (I-15) North exit W.VIA RANCHO PKWY turn right, follow directions listed above.

### **AWARDS:**

Metals to 1<sup>th</sup> thru 8th place runners and participant ribbons to all

**\*\*\* There will be a Concessions Stand for Refreshments and Food \*\*\***

**\*\*Member Race #4 of 5 in the USATF SD-Imperial Association Youth XC Series.**

**YOUTH CROSS  
COUNTRY SERIES**  
age divisions: 8 & under, 9-10, 11-12, 13-14, 15-16, 17-18

For race series information, please contact  
Event Director **Paul Greer (858) 573-1500** or  
visit [www.sdusatf.org](http://www.sdusatf.org) or  
[facebook.com/SanDiegoUSATFYouthXC](https://www.facebook.com/SanDiegoUSATFYouthXC)