



2019 Association Junior Olympic Track & Field Championships

Saturday & Sunday, June 8 & 9, 2019

Orange Glen High School
 2200 Glen Ridge Road, Escondido, CA 92027

Age Divisions & Eligibility & Requirements

Age Divisions	
* 6 & Under	(2013 & Later)
* 7 – 8 year old	(2011 – 2012)
9 – 10 year old	(2009 – 2010)
11 – 12 year old	(2007 – 2008)
13 – 14 year old	(2005 – 2006)
15 – 16 year old	(2003 – 2004)
** 17 – 18 year old	(2001 – 2002)
* Per USATF Rule, Article VI, Section I, Rule 300.1(c), “Athletes must be at least seven (7) years of age on December 31 st of the current year to compete at the Youth Athletics or Junior Olympic National Championships.” An athlete who is not 7 by 12/31/19 may compete at the Association Championships, but will not advance to the Regional Junior Olympic Championships.	
**Per USATF Rule, Article VI, Section I, Rule 300.1(d), “Athletes who are still eighteen (18) years of age through the final day of the National Junior Olympic Track and Field Championships shall be eligible to compete in the 17-18 year old division through that meet.” The last day of competition is July 28, 2019.	



Individuals: Only U.S. citizens, aliens living in the United States, and foreign exchange students are

eligible to compete in these Championships. Please refer to USATF 300 rule for exceptions by reviewing the following link which can be found on page 157 of the 2019 USATF Competition Rules <http://www.usatf.org/usatf/files/da/daf2d12d-b51c-475c-9b06-4a6b41d81071.pdf>. A competitor must compete in his/her age division only. Competitors in the 6 and under through 11-12 year old divisions may compete in a maximum of three (3) events, including relays. Competitors in the 13-14 through 17-18 divisions may compete in a maximum of four (4) events, including relays. All athletes must be registered 2019 members of USATF in good standing. An athlete competing in a Multi-Event is advised the event will not count towards their maximum number of events.

Relay Teams: Only registered 2019 USATF member clubs may enter a relay team(s). All athletes representing a club must be affiliated with and members of that club as part of their USATF membership.

ENTRY PROCESS:

Only athletes who are registered and current members in good standing with USATF may compete. USATF membership must be completed on line at www.usatf.org.

On-Line Registration: Entry must be completed on line and must be received by **11:59PM on Wednesday, June 5, 2019**. To enter the meet go to www.athletic.net and select the meet listed on the calendar of events.

PROOF OF AGE: All athletes **must** have their age verified **prior** to registering on the online system. All athletes who have not satisfied this requirement must email proof of age to membership@sandiego.usatf.org. A message may be left at 619.784.8456. In any case, proof of age **must** be received and entered into the national membership database prior to the close of registration (See USATF Youth Athletics Rule 300 (i)). You must allow sufficient processing time for data entry into the national membership database. When forwarding



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YOUTH AWARD PRESENTATION CEREMONY: A special award presentation ceremony will be held during the meet on Saturday to honor the 2018 San Diego-Imperial Association's Youth Athletes of the Year in Cross Country and Track and Field.

ADVANCEMENT: The top **8** individuals and relay teams in each event of each age division will advance to the USATF Region 15 Junior Olympics Championships to be held on June 21 – 23, 2019 at Coronado High School and the University of Nevada Las Vegas (UNLV) in Las Vegas, Nevada. Individuals and relay teams must declare their intention to compete by registering on line at athletic.net by the established timeline as designated in the Region 15 Junior Olympic Meet Informational Flyer. Individuals and relay teams that finish in non-advancement positions may still qualify for advancement to the regional meet should a qualified individual or team not declare to participate. To gain advancement by this manner into the regional meet then an athlete or athlete's coach/representative must do so during the "move-up period" by also going to athletic.net. Entry fee(s) for the USATF Region 15 Junior Olympic Championships must be paid on line. Refer to the Regional Meet Informational Flyer posted on the youth page of the San Diego Imperial Association's website www.sandiego.usatf.org for specific information as to registration process and deadlines. Failure to declare for the regional meet by the established timelines will result in automatic ineligibility to compete at the regional championships. The entry fee is \$9.00 per individual event and \$36.00 for relays. Qualifiers from the Regional Meet will advance to the Hershey National Junior Olympic Championships that will be held in Sacramento, California, July 22 – 28, 2019. Consult the Region 15 Meet Flyer or visit this link <http://www.usatf.org/Events--Calendar/2019/USATF-Hershey-National-Junior-Olympic-Track---Fiel.aspx> for more information.

PACKET PICK UP: Teams and Unattached athletes may pick up their packet at Orange Glen High School on the following dates and times:

Saturday, June 8th 7:15 AM – 8:15 AM & Sunday, June 9th 7:45 AM – 8:30 AM

Coaches and/or athletes arriving after these times must contact on site meet management at the finish line.

EVENT CHECK-IN: Athletes participating in a track event must check in with the Clerk of the Course. Athletes competing in a field event should report directly to the event for check in.

COMPETITION BIB NUMBERS: All competitors must wear their assigned bib numbers on the front or top of their jersey/uniform. Bib Numbers will be placed in team or unattached athlete packets. The replacement cost for a lost bib is **\$2** payable by cash only to meet management.

COACH'S MEETING: A coach's meeting will be held on Saturday, June 8, 2019 at 8:00AM.

EVENT RESULTS: During competition, event results will be posted. In addition, event results will be posted on the youth page at sandiego.usatf.org/Youth/Youth-Track---Field.aspx.

PROTESTS: There will be a **\$50.00 cash only** fee for all protests. Protests must be submitted to the Meet Referee at once and not later than 30 minutes after a result has been announced. The protest fee will be refunded if the protest is upheld.

FACILITY: The track is a nine lane all weather surface. 3/16th needles spikes only are required on the track and runways (high jump, long jump, triple jump and pole vault.) Spikes are subject to inspection prior to an athlete's participation. Competitors who do not have the proper spikes will not be permitted to compete. No refunds will be given to teams or athletes who are unable to compete due to improper spikes. Canopies are restricted to the top rows of the stadium and other designated places as established by meet management. The mini-javelin will be conducted on a synthetic grass surface. The javelin will have a grass runway approach. The facility includes two shot put rings, one discus ring, two long/triple jump pits and a high jump pit.

CONCESSION: A concession stand will be operated by a USATF San Diego Imperial Association Club.



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EVENT MERCHANDISE: Commemorative clothing (Tee Shirts, Sweatshirts, etc.) will be available for purchase. Please refer to the registration deadline to have athlete/team names printed on merchandise.

RULES – CONDUCT & FACILITY: The meet is sanctioned by USATF. USATF rules will apply at this competition. All athletes and spectators are expected to abide by rules as established by the Games Committee and Orange Glen High School. Smoking and alcohol is prohibited on school grounds. No pets or animals will be allowed on school premises. Additionally, the following will apply:

- Coaches and parents are not permitted on the track infield except by permission of the Meet Director or designee.
- Athletes must warm-up in the designated warm-up area(s).
- Canopies must be secured and are limited to the top portion of the stadium. Large umbrellas may not be used in the mid and lower areas of the stadium as they impede spectator views.
- No food or drink other than water is permitted on the track infield.
- No sunflower seeds or shelled nuts are permitted in the stadium seating.
- Profane language, aggressive behavior or actions deemed not sportsmanlike or in keeping with a youth friendly environment is prohibited.
- Recreation Vehicles (RVs) must park in pre-designated areas as determined by meet management.

Failure to comply with all rules may result in disqualification of an athlete or spectator dismissal from the premises.

VENDOR BOOTH: Vending opportunities are available by contacting youth@sandiego.usatf.org. All vendors must be approved by the Youth Chair before operating on school grounds.

For Questions Contact:

Michael Adkins, Youth Chair
San Diego Imperial Association
Meet Director
Phone: 619. 871.6836
E-mail: youth@sandiego.usatf.org



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MEET SCHEDULE

Saturday, June 8, 2019 8:30AM (Field), 8:45AM (Track), 1st call 30 minutes prior to meet start.

Running Events

3000 Meter Run	(Final)	Starting with 11-12g through 17-18b
400 Meter	(Semi-Final)	All divisions starting with 8 & Under Girls – 17-18
100 Meter	(Semi-Final)	All divisions starting with 8 & Under Girls – 17-18
3000 Meter Race Walk	(Final)	13-14g, 13-14b, 15-16g, 15-16b, 17-18g, 17-18b
1500 Meter Race Walk	(Final)	9-10g, 9-10b, 11-12g & 11-12b
110 Meter Hurdles	(Final)	15 -16b & 17-18b
100 Meter Hurdles	(Final)	13 -14b, 15 -16g, 17-18g, 13 -14g
80 Meter Hurdles	(Final)	11-12g & 11-12b
2018 Athlete of the Year Award – Cross Country & Track & Field Presentations		
4 X 100 Meter Relay	(Semi-Final)	All divisions starting with 8 & Under Girls – 17-18
4 X 800 Meter Relay	(Final)	11-12g through 17-18b
200 Meter	(Semi-Final)	All divisions starting with 8 & Under Girls – 17-18

Field Events

Aero Javelin/Mini-Javelin		11-12g, 11-12b, 8&Ug, 8&Ub, 9-10g, 9-10b
Long Jump		13-14g, 13-14b, 11-12g, 11-12b, 9-10g, 9-10b,
High Jump		17-18g, 17-18b, 15-16g, 15-15b, 13-14g, 13-14b,
Shot Put		9-10g, 9-10b, 13-14g, 13-14b, 11-12g, 11-12b
Discus		15-16g, 15-16b, 17-18g, 17-18b

Sunday, June 9, 2019 8:30AM (Field), 8:45AM (Track), 1st call 30 minutes prior to meet start.

Running Events

1500 Meter Run	(Final)	All divisions starting with 8 & Under Girls – 17-18
400 Meter	(Final)	All divisions starting with 8 & Under Girls – 17-18
100 Meter	(Final)	All divisions starting with 8 & Under Girls – 17-18
400 Meter Hurdles	(Final)	15-16g, 17-18g, 15-16b, 17-18b
200 Meter Hurdles	(Final)	13-14g, 13-14b
4 X 100 Meter Relay	(Final)	All divisions starting with 8 & Under Girls – 17-18
800 Meter	(Final)	All divisions starting with 8 & Under Girls – 17-18
200 Meter	(Final)	All divisions starting with 8 & Under Girls – 17-18
4 X 400 Meter Relay	(Final)	All divisions starting with 8 & Under Girls – 17-18

Field Events

High Jump		11-12g, 11-12b, 9-10g, 9-10b
Shot Put		15-16g, 15-16b, 17-18g, 17-18b, 8&Ug, 8&Ub
Discus		11-12g, 11-12b, 13-14g, 13-14b
Long Jump		17-18g, 17-18b, 15-16g, 15-16b, 8&Ug, 8&Ub
Triple Jump	(Contested after 8&Ub Long Jump)	13-14g, 13-14b, 15-16g, 15-16b, 17-18g, 17-18b,
Javelin	(Contested after the 13-14b Discus)	17-18b, 17-18, 13-14g, 13-14b, 15-16bg, 15-16b
Pole Vault	(10AM Start Time) – See info Below	13-14g, 13-14b, 15-16g, 15-16b, 17-18g, 17-18b

The Hammer Throw & 2000 Meter Steeplechase competitions will not be contested at the San Diego Imperial Association Meet. All throwers and steeplechasers must register and pay the entry fee for advancement or waiver to the regional meet. Pole Vault athletes will be waived to the regional if less than 4 competitors in all divisions combined. Competitors should contact the meet director on Saturday, June 8th after 10:00AM to determine if the pole vault will be contested at these championships. A Pole vault competitor must still officially register and pay entry fee for advancement to the regional meet. These athletes will be waived to the Regional Meet, but they must declare their intention to participate and pay the entry fee. Contact the Meet Director for additional details. If a semi-event has less than nine competitors then the event may be contested as a final at the discretion of the meet director (see exception for 4x100 meter relay). The 4x100 Relay Semi-Final will be run on Sunday if there are less than nine teams in a division. The regulation javelin will be contested on a grass surface outside the stadium.